

## Ergebnisliste 23. Mörsbacher Triathlon am 11.08.2007 (PLATZ)

Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
1	Lenz, Hendrik (MHK)	3-force	00:02:57	00:37:03	00:22:41	<b>01:02:41</b>	1
2	Meyer, Peter (M40)	RSV Daadetal	00:03:26			<b>01:02:50</b>	1
3	Heine, Timo (M30)	3-force	00:03:07	00:37:08	00:23:53	<b>01:04:08</b>	1
4	Mille, Markus (M30)	RSG Montabaur	00:03:01	00:39:54	00:22:36	<b>01:05:31</b>	2
5	Leins, Sebastian (MHK)	Kölnner Triathlon-Team 01	00:03:20	00:39:09	00:23:42	<b>01:06:11</b>	2
6	Hanke, Marian (MHK)	MRRC München	00:03:54	00:38:14	00:24:09	<b>01:06:17</b>	3
7	Nagel, Rainer (M40)	Waldbröl	00:03:33	00:40:46	00:23:14	<b>01:07:33</b>	2
8	Radke, Mario (M40)	RSG Montabaur	00:03:31	00:40:18	00:23:59	<b>01:07:48</b>	3
9	Hintz, Thomas (M40)	RSV Daadetal	00:03:31	00:40:52	00:23:52	<b>01:08:15</b>	4
10	Jungbluth, Uwe (MHK)	Jugendzentrum Altenkirchen	00:04:25	00:40:57	00:23:28	<b>01:08:50</b>	4
11	Meyer, Tim (MJA)	RSV Daadetal	00:03:50	00:41:26	00:23:52	<b>01:09:08</b>	1
12	Kämpf, Dr. Volker (M40)	DJK Marienstatt	00:03:45	00:40:07	00:25:29	<b>01:09:21</b>	5
13	Stuehn, Roy (M30)	RSV Daadetal	00:04:33	00:40:10	00:24:53	<b>01:09:36</b>	3
14	Pritz, Matthias (M40)	TUS Nister	00:04:06	00:40:30	00:25:04	<b>01:09:40</b>	6
15	Schütz, Manuel (MHK)	3-force	00:03:11	00:42:38	00:24:47	<b>01:10:36</b>	5
16	Buckard, Torsten (M40)	ASC Ströher Dillenburg	00:04:06	00:42:16	00:24:42	<b>01:11:04</b>	7
17	Schneider, Thomas (M30)	DJK Marienstatt	00:04:56	00:41:32	00:24:39	<b>01:11:07</b>	4
18	Wiederstein, Matthias (M30)	SVS Emmerzhausen	00:04:58	00:43:32	00:23:59	<b>01:12:29</b>	5
19	Schneider, Peter (M30)	TUS Nister	00:04:40	00:40:46	00:27:05	<b>01:12:31</b>	6
20	Meyer, Helmut (M40)	RSV Daadetal	00:04:27	00:40:34	00:27:36	<b>01:12:37</b>	8
21	Weyel, Torsten (M30)	ASC Ströher Dillenburg	00:04:19	00:42:18	00:26:14	<b>01:12:51</b>	7
22	Prümm, Manuel (M30)	DJK Rosenheim	00:04:52	00:42:19	00:26:00	<b>01:13:11</b>	8
23	Schmidt, Andre (M30)	SVS Emmerzhausen	00:04:21	00:43:02	00:25:59	<b>01:13:22</b>	9
24	Müller, Markus (M40)	WSG Bad Marienberg	00:03:59	00:42:37	00:27:08	<b>01:13:44</b>	9
25	Göbel, Volker (M40)	ASC Ströher Dillenburg	00:03:40	00:43:41	00:26:29	<b>01:13:50</b>	10
26	Diefenbach, Christian (MHK)	Nornborn	00:03:53	00:43:06	00:27:01	<b>01:14:00</b>	6
26	Schütz, Jörg (M40)	DJK Marienstatt	00:03:59	00:43:02	00:26:59	<b>01:14:00</b>	11
28	Groth, Markus (M40)	Bonn	00:04:11	00:44:03	00:26:06	<b>01:14:20</b>	12
29	Kober, Lars (MHK)	RSV Daadetal	00:03:20	00:42:05	00:28:58	<b>01:14:23</b>	7
30	Niedergriese, Marc (MJA)	RSV Daadetal	00:03:38	00:41:10	00:29:37	<b>01:14:25</b>	2
31	Jettkant, Thomas (M40)	Sportfreunde 09 Puderbach	00:05:15	00:43:29	00:25:43	<b>01:14:27</b>	13
32	Zerbin, Dieter (M50)	TV Rosbach	00:03:59	00:44:17	00:26:12	<b>01:14:28</b>	1
33	Steffes, Ralf (M30)	SRL Triathlon Koblenz	00:03:07	00:42:21	00:29:08	<b>01:14:36</b>	10
34	Meyer, Dirk (M40)	RSV Daadetal	00:03:20	00:43:08	00:28:55	<b>01:15:23</b>	14
35	Plewnia, Roman (M40)	DJK Marienstatt	00:04:15	00:44:59	00:26:13	<b>01:15:27</b>	15
36	Urigshardt, Thomas (M30)	Brachbach	00:04:39	00:44:25	00:26:32	<b>01:15:36</b>	11
37	Peitsch, Daniel (MHK)	RSV Daadetal	00:03:28	00:44:21	00:27:56	<b>01:15:45</b>	8
38	Utsch, Wolfgang (M30)	RSV Daadetal	00:04:50	00:43:12	00:27:47	<b>01:15:49</b>	12
39	Roth, Sven (M30)	RSV Daadetal	00:04:37	00:42:45	00:28:30	<b>01:15:52</b>	13
40	Giehl, Caprice (WHK)	DJK Marienstatt	00:04:01	00:44:05	00:27:57	<b>01:16:03</b>	1

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
41	Lichtenthäler, Andreas (M40)	TUS Nister	00:05:56	00:42:53	00:27:25	<b>01:16:14</b>	16
42	Latsch, Mike (MHK)	RSV Daadetal	00:04:04	00:42:56	00:29:33	<b>01:16:33</b>	9
43	Kohlhaas, Harald (M30)	DJK Marienstatt	00:03:36	00:44:40	00:28:28	<b>01:16:44</b>	14
44	Schilling, Mario (MHK)	DJK Marienstatt	00:03:52	00:44:57	00:28:13	<b>01:17:02</b>	10
45	Goldfisch, Jens (M30)	Limburg	00:04:35	00:43:42	00:28:52	<b>01:17:09</b>	15
46	Rogowicz, Lukasz (MHK)	SVS Emmerzhausen	00:05:35			<b>01:17:18</b>	11
47	Seifer, Bernhard (M40)	DJK Marienstatt	00:05:25	00:45:08	00:26:47	<b>01:17:20</b>	17
48	Bell, Eckhard (M40)	TUS Nister	00:04:26	00:44:20	00:29:18	<b>01:18:04</b>	18
49	Nickol, Walter (M50)	RSV Daadetal	00:03:40	00:44:27	00:30:01	<b>01:18:08</b>	2
50	Schneider, Mario (MHK)	Mudersbach-Birken	00:04:57	00:46:56	00:26:24	<b>01:18:17</b>	12
51	Zanic, Thomas (M40)	CVJM Gosenbach	00:04:45	00:45:44	00:28:06	<b>01:18:35</b>	19
51	Schulte, Dirk (M30)	Die Wilde 13	00:04:27	00:45:49	00:28:19	<b>01:18:35</b>	16
53	Glahn, Lutz (M40)	bestzeit	00:04:09	00:44:39	00:29:56	<b>01:18:44</b>	20
54	Bieler, Günther (M50)	TV Salchendorf	00:05:08	00:46:40	00:26:58	<b>01:18:46</b>	3
55	Kreckel, Tim (MHK)	WSG Bad Marienberg	00:05:02	00:41:56	00:31:59	<b>01:18:57</b>	13
56	Seibert, Rudolf (M40)	DJK Marienstatt	00:05:06	00:47:08	00:26:52	<b>01:19:06</b>	21
57	Holthaus, Roman (M50)	VfL Gummersbach	00:04:36	00:48:32	00:26:04	<b>01:19:12</b>	4
58	Zens, Frank (M40)	Limburger Handball Verein	00:03:57	00:46:42	00:28:48	<b>01:19:27</b>	22
59	Archut, Dirk (M30)	Schneckenpower	00:05:14			<b>01:19:32</b>	17
59	Henrichs, Stefan (MHK)	Siegen	00:05:32	00:44:05	00:29:55	<b>01:19:32</b>	14
61	Mokry, Harald (M40)	TV Rosbach	00:05:07	00:46:37	00:27:52	<b>01:19:36</b>	23
62	Tautges, Winfried (M30)	SV Hellas Siegburg	00:03:37	00:45:01	00:31:05	<b>01:19:43</b>	18
63	Mies, Patrick (M30)	DJK Marienstatt	00:05:12	00:45:02	00:29:34	<b>01:19:48</b>	19
64	Krauth, Benjamin (MHK)	RSV Daadetal	00:03:38	00:48:08	00:28:08	<b>01:19:54</b>	15
65	Lichtenthäler, Rainer (M50)	DJK Marienstatt	00:04:47	00:46:39	00:28:40	<b>01:20:06</b>	5
66	Schilling, Dieter (M50)	DJK Marienstatt	00:05:54	00:46:39	00:27:35	<b>01:20:08</b>	6
67	Winter, Volker (M50)	SG Mörsbach	00:06:20	00:46:34	00:27:20	<b>01:20:14</b>	7
68	Gottschlich, Bernd (M40)	Stadtkapelle Betzdorf	00:04:31	00:47:28	00:28:18	<b>01:20:17</b>	24
69	Müller, Thilo (M30)	bestzeit	00:06:17	00:45:36	00:28:33	<b>01:20:26</b>	20
70	Damm, Karl-Heinz (M60)	WSG Bad Marienberg	00:05:20	00:46:34	00:28:37	<b>01:20:31</b>	1
71	Krah, Bianca (W30)	RSV Daadetal	00:04:22	00:47:41	00:28:40	<b>01:20:43</b>	1
72	Exner, Jan Niklas (MJB)	RSV Daadetal	00:05:21	00:47:16	00:28:10	<b>01:20:47</b>	1
73	Plate, Christian (MJA)	SVR-Skiverband Rheinland	00:04:55	00:48:50	00:27:16	<b>01:21:01</b>	3
74	Hering, Markus (M30)	Mudersbach	00:05:19	00:45:31	00:30:13	<b>01:21:03</b>	21
75	Spies, Michael (M40)	RSV Daadetal	00:04:02	00:46:33	00:30:54	<b>01:21:29</b>	25
76	Friedrich, Petra (WHK)	RSG Montabaur	00:05:22	00:47:48	00:28:22	<b>01:21:32</b>	2
77	Brandenburger, Monika (WH)	Koblenz	00:04:21	00:47:16	00:29:57	<b>01:21:34</b>	3
78	Putz, Harry (M40)	TV 08 Neunkirchen	00:06:03	00:49:01	00:26:46	<b>01:21:50</b>	26
79	Schäfer, Joachim (M40)	DJK Marienstatt	00:05:19	00:47:31	00:29:16	<b>01:22:06</b>	27
80	Metz, Martin (M40)	bestzeit	00:04:27	00:46:27	00:31:16	<b>01:22:10</b>	28

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
80	Rosenbauer, Bernd (M40)	SC Olpe	00:04:47	00:46:27	00:30:56	<b>01:22:10</b>	28
82	Schmid, Holger (M30)	SV Niedererbach	00:03:33	00:47:31	00:31:14	<b>01:22:18</b>	22
83	Muhl, Klemens (M50)	DJK Herdorf	00:05:59	00:47:45	00:28:37	<b>01:22:21</b>	8
84	Golenia, Christian (M40)	Bonn	00:04:38	00:48:21	00:29:25	<b>01:22:24</b>	30
84	Maag, Andreas (M40)	DJK Marienstatt	00:04:32	00:47:42	00:30:10	<b>01:22:24</b>	30
86	Schneider, Thorsten (M30)	SV Niedererbach	00:05:18	00:49:18	00:28:03	<b>01:22:39</b>	23
87	Velten, Christoph (M30)	Team EPO	00:04:22	00:47:04	00:31:30	<b>01:22:56</b>	24
88	Bessmann, Joerg (M40)	Hagen	00:03:34	00:47:45	00:31:52	<b>01:23:11</b>	32
89	Golzow, Alina (WHK)	LBC Banfetal	00:05:29	00:50:35	00:27:20	<b>01:23:24</b>	4
90	Büschel, Rainer (M40)	Polizei Eitorf	00:04:36	00:49:20	00:29:38	<b>01:23:34</b>	33
91	Weller, Heidi (W40)	RSV Daadetal	00:04:23	00:48:11	00:31:09	<b>01:23:43</b>	1
92	Reifenrath, Andreas (M40)	SV Malberg	00:04:57	00:49:10	00:29:53	<b>01:24:00</b>	34
93	Pritzer, Petra (W30)	Hachenburg	00:05:28	00:49:12	00:29:21	<b>01:24:01</b>	2
94	Fischbach, Thorsten (M30)	SVS Emmerzhausen	00:05:54	00:48:04	00:30:08	<b>01:24:06</b>	25
95	Groß, Markus (M30)	Kundert	00:05:09	00:47:30	00:31:35	<b>01:24:14</b>	26
95	Asbach, Sören (M40)	Digi Tools Software	00:04:38	00:46:54	00:32:42	<b>01:24:14</b>	35
97	Hoffmann, Eckard (M50)	Anaerobier Pochetal	00:04:51	00:48:14	00:31:11	<b>01:24:16</b>	9
98	Müller, Marcel (MHK)	Streithausen	00:04:33	00:49:36	00:30:08	<b>01:24:17</b>	16
99	Fritz, Thomas (M30)	Siegen	00:04:13	00:49:53	00:30:14	<b>01:24:20</b>	27
100	Schütthof, Michael (M40)	TV Rosbach	00:04:43	00:47:46	00:31:53	<b>01:24:22</b>	36
101	Klamm, Bernd (M50)	Kirchen	00:05:23	00:49:18	00:29:42	<b>01:24:23</b>	10
102	Diehl, Mario (M40)	CCRB	00:05:03	00:47:09	00:32:21	<b>01:24:33</b>	37
103	Freischlad, Rouven (M30)	ASC Ströher Dillenburg	00:05:00	00:49:48	00:29:48	<b>01:24:36</b>	28
104	Heinz, Alexander (M40)	Deportivo Pippo Artu	00:05:01	00:51:59	00:28:03	<b>01:25:03</b>	38
105	Betz, Martin (M30)	Radsportfreunde Wallmenroth	00:04:25	00:50:00	00:30:41	<b>01:25:06</b>	29
106	Brenner, Christof (MJA)	die grün-weissen bomber	00:04:57	00:52:15	00:28:01	<b>01:25:13</b>	4
107	Whitelock, Frank (M50)	TC Durham	00:03:52	00:51:13	00:30:19	<b>01:25:24</b>	11
108	Schneider, Ilona (WHK)	3-force	00:03:54	00:47:12	00:34:25	<b>01:25:31</b>	5
108	Walter, Jens (M40)	ASC Ströher Dillenburg	00:03:52	00:48:57	00:32:42	<b>01:25:31</b>	39
110	Zell, Alexander (M30)	Hanroth	00:03:32	00:49:30	00:32:44	<b>01:25:46</b>	30
111	Breitenbach, Thorsten (M40)	RSV Daadetal	00:03:46	00:51:50	00:30:15	<b>01:25:51</b>	40
111	Mille, Bianca (W30)	RSG Montabaur	00:03:47	00:48:54	00:33:10	<b>01:25:51</b>	3
113	Reiffenrath, Lothar (M50)	Wilden	00:05:09	00:51:30	00:29:24	<b>01:26:03</b>	12
113	Schamber, Birgit (W40)	HAU-REIN-TEAM	00:05:00	00:49:24	00:31:39	<b>01:26:03</b>	2
115	Grüneberg, Helmut (M50)	SV Malberg	00:05:36	00:50:14	00:30:14	<b>01:26:04</b>	13
116	Walter, Bettina (W40)	ASC Ströher Dillenburg	00:05:11	00:50:05	00:30:52	<b>01:26:08</b>	3
117	Kohlhas, Jürgen (M30)	DJK Marienstatt	00:05:05	00:50:01	00:31:05	<b>01:26:11</b>	31
118	Becker, Markus (M30)	TUS Friedewald	00:05:20	00:48:48	00:32:10	<b>01:26:18</b>	32
119	Kechter, Wlad (MHK)	TUS Hachenburg	00:05:26	00:52:44	00:28:21	<b>01:26:31</b>	17
120	Radinger, Dr. Hubert (M50)	TRI-TEAM Bonn	00:04:58	00:50:24	00:31:11	<b>01:26:33</b>	14

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
121	Geimer, Günter (M40)	DJK Marienstatt	00:04:27	00:49:13	00:32:56	<b>01:26:36</b>	41
121	Loock, Bernd (M50)	RWE Siegerland	00:04:53	00:48:59	00:32:44	<b>01:26:36</b>	15
123	Pauschert, Dennis (MHK)	SVS Emmerzhausen	00:05:08	00:49:50	00:31:49	<b>01:26:47</b>	18
124	Gerhardus, Christina (WHK)	RSV Daadetal	00:04:52	00:49:47	00:32:12	<b>01:26:51</b>	6
125	Geimer, Christian (MJB)	DJK Marienstatt	00:05:04	00:48:55	00:32:54	<b>01:26:53</b>	2
126	Ruthardt, Thomas (M40)	SPVGG Steineroth	00:05:14	00:51:43	00:30:00	<b>01:26:57</b>	42
127	Matron, Silja (W30)	Flotter Dreier	00:04:29	00:52:19	00:30:39	<b>01:27:27</b>	4
128	Seifer, Florian (MHK)	DJK Marienstatt	00:06:04	00:50:09	00:31:21	<b>01:27:34</b>	19
129	Heidrich, Martin (M30)	SG Westerwald	00:05:28	00:53:10	00:29:02	<b>01:27:40</b>	33
130	Nickol, Kathrin (WHK)	TVE Netphen	00:03:32	00:50:29	00:33:53	<b>01:27:54</b>	7
131	Kretschmer, Martina (W40)	Laufftreff Puderbach	00:05:44	00:51:21	00:30:55	<b>01:28:00</b>	4
132	Steinebach, Markus (M30)	Lauffreunde Watzenhahn	00:05:18	00:50:21	00:32:22	<b>01:28:01</b>	34
132	Leusch, Peter (M40)	LH Watzenhahn	00:04:35	00:51:49	00:31:37	<b>01:28:01</b>	43
134	Koch, Bernd (M40)	DJK Marienstatt	00:05:30	00:52:04	00:30:42	<b>01:28:16</b>	44
135	Dung, Joachim (M40)	TRI-TEAM Bonn	00:05:34	00:52:15	00:30:33	<b>01:28:22</b>	45
136	Meuer, Peter-Josef (M40)	SV Staudt	00:05:39	00:50:40	00:32:04	<b>01:28:23</b>	46
137	Sturm, Rainer (M50)	LH Watzenhahn	00:06:26	00:51:15	00:30:59	<b>01:28:40</b>	16
138	Schumacher, Jürgen (M50)	SV Niedererbach	00:05:16	00:50:28	00:32:57	<b>01:28:41</b>	17
139	König, Gerhard (M50)	WSG Bad Marienberg	00:05:02	00:50:41	00:33:01	<b>01:28:44</b>	18
140	Schneider, Wolfgang (M50)	SV Niedererbach	00:05:43	00:51:43	00:31:22	<b>01:28:48</b>	19
141	Ehlgen, Bastian (MHK)	Berod	00:04:20	00:52:43	00:31:54	<b>01:28:57</b>	20
142	Heßler, Brigitte (W40)	HAU-REIN-TEAM	00:07:11	00:48:52	00:32:59	<b>01:29:02</b>	5
143	Beib, Klaus (M40)	FC Streithausen	00:05:05	00:55:25	00:28:43	<b>01:29:13</b>	47
144	Weber, Ina (W40)	SG Mörsbach			00:30:35	<b>01:29:18</b>	6
145	Schreiner, Jörg (M40)	Heckenhof	00:05:06	00:51:58	00:32:16	<b>01:29:20</b>	48
146	Falloux, Dominique (M40)	FORM und RAUM	00:04:22	00:51:47	00:33:13	<b>01:29:22</b>	49
147	Betz, Thomas (M30)	JÄHZORN Hardt	00:05:37	00:52:18	00:31:29	<b>01:29:24</b>	35
148	Helmert, Michael (M40)	DJK Marienstatt	00:04:21	00:55:27	00:29:38	<b>01:29:26</b>	50
149	Salterberg, Klaus (M50)	TV Hennef			00:33:47	<b>01:29:32</b>	20
150	Graf, Albert (M40)	1.FC Streithausen	00:07:31	00:52:49	00:29:19	<b>01:29:39</b>	51
151	Stumpf, Frank (M40)	IPA Betzdorf-Altenkirchen	00:04:25	00:50:26	00:34:56	<b>01:29:47</b>	52
152	Schmidt, Andreas (M30)	Flotter Dreier	00:06:14	00:51:13	00:32:23	<b>01:29:50</b>	36
153	Bell, Christin (WJB)	TUS Nister	00:05:23	00:53:28	00:31:11	<b>01:30:02</b>	1
154	Krämer, Phillipp (MJB)	SVR-Skiverband Rheinland	00:05:46	00:52:47	00:31:33	<b>01:30:06</b>	3
155	Pfeifer, Hermann-Josef (M40)	DJK Marienstatt	00:04:06	00:49:17	00:36:51	<b>01:30:14</b>	53
156	Dönges, Volker (M50)	Gieleroth	00:07:05	00:49:46	00:33:24	<b>01:30:15</b>	21
157	Schreiber, Dieter (M40)	der flotte kaldauer	00:04:34	00:49:24	00:36:22	<b>01:30:20</b>	54
158	Altgeld, Dieter (M40)	DJK Mudersbach	00:04:44	00:52:54	00:32:46	<b>01:30:24</b>	55
159	Benner, Rüdiger (M30)	DJK Marienstatt	00:06:00	00:52:35	00:31:50	<b>01:30:25</b>	37
160	Schmid, Carola (WHK)	SV Niedererbach	00:04:13	00:53:33	00:32:41	<b>01:30:27</b>	8

## Ergebnisliste 23. Mörsbacher Triathlon am 11.08.2007 (PLATZ)

Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
160	Hoffmann, Rainer (M40)	Triathlon Team Elkenroth	00:05:43	00:52:58	00:31:46	<b>01:30:27</b>	56
162	Marhöfer, Peter (M50)	Radsportfreunde Wallmenroth	00:06:25	00:51:14	00:32:55	<b>01:30:34</b>	22
163	Groth, Erhard (M50)	Bonn	00:04:51	00:51:46	00:34:01	<b>01:30:38</b>	23
164	Schmidt, Armin (M40)	Bärenpower Hof	00:06:28	00:54:35	00:29:37	<b>01:30:40</b>	57
165	Gross, Ingo (M30)	die grün-weissen bomber	00:05:24	00:52:56	00:32:23	<b>01:30:43</b>	38
166	Höfer, Ansgar Sören (MJB)	RSV Daadetal	00:04:31	00:51:12	00:35:05	<b>01:30:48</b>	4
167	Bäcker, Andreas (MHK)	Flotter Dreier	00:06:36	00:51:17	00:33:15	<b>01:31:08</b>	21
168	Braas, Anja (W30)	DJK Marienstatt	00:06:13	00:49:21	00:35:41	<b>01:31:15</b>	5
169	Heine, Ronald (M50)	Radsportfreunde Wallmenroth	00:05:41	00:50:12	00:35:24	<b>01:31:17</b>	24
170	Theis, Carmen (W30)	VFL Wehbach	00:05:01	00:53:12	00:33:05	<b>01:31:18</b>	6
171	Jumel, Ralf (M30)	Leverkusen	00:06:15	00:50:51	00:34:17	<b>01:31:23</b>	39
172	Dörner, Gerd (M40)	JÄHZORN Hardt	00:06:08	00:51:49	00:33:34	<b>01:31:31</b>	58
173	Bäumer, Michael (M30)	Schneckenpower	00:05:35	00:54:13	00:31:51	<b>01:31:39</b>	40
174	Bohn, Markus (M40)	RSV Daadetal	00:05:27	00:48:42	00:37:48	<b>01:31:57</b>	59
175	Kuptz, Gerd (M60)	SG Westerwald	00:06:21	00:50:50	00:34:49	<b>01:32:00</b>	2
175	Otto, Sven (MHK)	Die Wilde 13	00:06:30	00:51:55	00:33:35	<b>01:32:00</b>	22
177	Wenske, Marco (MHK)	Koblenz	00:05:13	00:52:38	00:34:17	<b>01:32:08</b>	23
178	Heibel, Jürgen (M40)	SV Staudt	00:05:11	00:53:14	00:33:46	<b>01:32:11</b>	60
179	Schmidt, Dirk (M30)	ST Daaden-Wissen	00:03:21	00:52:31	00:36:25	<b>01:32:17</b>	41
180	Bindzus, Lars (M30)	Bonn	00:05:26	00:56:23	00:30:38	<b>01:32:27</b>	42
180	Mintkewitz, Andreas (M40)	DJK Selbach	00:05:34	00:55:33	00:31:20	<b>01:32:27</b>	61
182	Kötting, Klaus (M60)	SC Wissen	00:06:05	00:53:11	00:33:12	<b>01:32:28</b>	3
183	Dielmann, Michael (M50)	SVR-Skiverband Rheinland	00:05:06	00:53:54	00:33:30	<b>01:32:30</b>	25
184	Kaiser, Uli (M30)	SV Staudt	00:06:28	00:54:37	00:31:30	<b>01:32:35</b>	43
185	Reinschmidt, Petra (WHK)	RSV Daadetal	00:03:57	00:51:14	00:37:29	<b>01:32:40</b>	9
186	Neppel, Thorsten (M30)	F.J. Altstadt	00:06:47	00:52:29	00:33:28	<b>01:32:44</b>	44
187	Büdenbender, Dorothea (W40)	Birken-Honigsessen	00:06:27	00:52:34	00:33:48	<b>01:32:49</b>	7
188	Höfer, Frank (M40)	RSV Daadetal	00:05:24	00:52:34	00:34:59	<b>01:32:57</b>	62
189	Schöneberg, Helmut (M40)	Polizei Eitorf	00:04:30	00:55:22	00:33:32	<b>01:33:24</b>	63
190	Bald, Dietrich (M40)	Haiger	00:05:59	00:54:00	00:33:32	<b>01:33:31</b>	64
191	Ferdinand, Stefan (M30)	TC Staudt			00:31:02	<b>01:33:33</b>	45
192	Schnell, Rudolf (M60)	SG Westerwald	00:05:22	00:53:36	00:34:38	<b>01:33:36</b>	4
193	Alhäuser, Thorsten (M30)	SG Mörsbach	00:04:56	00:50:52	00:38:06	<b>01:33:54</b>	46
194	Mies, Gerhard (M40)	TUS Hachenburg	00:04:19	00:53:42	00:36:02	<b>01:34:03</b>	65
195	Buchner, Harry (M40)	JÄHZORN Hardt	00:05:39	00:52:15	00:36:13	<b>01:34:07</b>	66
195	Mees, Andreas (M30)	Weitefeld	00:05:18	00:54:57	00:33:52	<b>01:34:07</b>	47
197	Heuzeroth, Kai (M30)	RSV Daadetal	00:05:51	00:54:51	00:33:48	<b>01:34:30</b>	48
198	Weber, Patrick (M30)	Daaden	00:05:06	00:52:38	00:36:57	<b>01:34:41</b>	49
198	Zeiler, Thilo (M40)	MTB TEAM Hof	00:06:23	00:55:18	00:33:00	<b>01:34:41</b>	67
200	Schopp, Rita (WHK)	SRL Triathlon Koblenz	00:05:27	00:56:22	00:33:07	<b>01:34:56</b>	10

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
201	Kiefer, Christiane (W40)	Siegen	00:04:14	00:53:25	00:37:22	<b>01:35:01</b>	8
201	Hüsch, Thomas (M30)	SG Westerwald	00:05:44	00:53:41	00:35:36	<b>01:35:01</b>	50
203	Krumm, Winfried (M50)	SVR-Skiverband Rheinland	00:05:37	00:51:16	00:38:48	<b>01:35:41</b>	26
204	Schroeter, Michael (M40)	Hanroth	00:04:48	00:54:44	00:36:12	<b>01:35:44</b>	68
205	Lanser, Kai (M30)	SV Müllенbach	00:04:56	00:57:44	00:33:26	<b>01:36:06</b>	51
206	Gramsch, Julian (MHK)	Hachenburg	00:05:14	00:59:15	00:31:41	<b>01:36:10</b>	24
207	Schmidt, Frank (M30)	Betzdorf	00:06:07	00:54:50	00:35:19	<b>01:36:16</b>	52
208	Müller, Timo (M30)	die grün-weissen bomber	00:04:46	00:55:24	00:36:07	<b>01:36:17</b>	53
209	Seibert, Volker (M30)	SG Westerwald	00:05:29	00:56:03	00:34:55	<b>01:36:27</b>	54
210	Mazurek, Wojciech (MHK)	LT Alpenrod-Lochum	00:04:46	00:56:30	00:35:12	<b>01:36:28</b>	25
211	Reisdorf, Wolfhard (M40)	RSV Daadetal	00:05:57	00:56:37	00:34:19	<b>01:36:53</b>	69
212	Groß, Arthur (M60)	Kinderkrebshilfe Gieleroth	00:05:31	00:55:14	00:36:09	<b>01:36:54</b>	5
213	Zimmer, Sebastian (MJA)	TUS Hachenburg	00:06:05	00:57:34	00:33:29	<b>01:37:08</b>	5
214	Marhöfer, Florian (MJB)	Radsportfreunde Wallmenroth	00:05:44	00:53:50	00:37:39	<b>01:37:13</b>	5
215	Bernshausen, Jörg (M40)	Team Rondell	00:04:59	00:55:28	00:36:50	<b>01:37:17</b>	70
216	Krämer, Jens (M30)	SG Westerwald	00:05:52	00:59:58	00:32:01	<b>01:37:51</b>	55
217	Reichel, Bernd (M40)	Burbach	00:03:43	00:54:43	00:39:29	<b>01:37:55</b>	71
218	Geimer, Christine (W40)	SV Nauroth	00:05:57	00:55:47	00:36:23	<b>01:38:07</b>	9
219	Follmann, Markus (M30)	SV Niedererbach			00:36:41	<b>01:38:16</b>	56
220	Ammari, Peter (M30)	Päffgen	00:06:49	00:54:31	00:37:10	<b>01:38:30</b>	57
221	Renz, Peter (M40)	Team Rondell	00:05:02	00:54:36	00:38:59	<b>01:38:37</b>	72
222	Barton, Heinz (M40)	Triathlon Team Elkenroth	00:05:03	01:00:02	00:33:39	<b>01:38:44</b>	73
223	Weber, Katrin (W30)	Implus	00:05:28	00:58:04	00:35:15	<b>01:38:47</b>	7
224	Kalbitzer, Gerd (M40)	RSV Daadetal	00:07:18	00:54:06	00:37:37	<b>01:39:01</b>	74
225	Friedrich, Ralf (M30)	SKI CLUB NIZZA	00:05:28	00:55:07	00:38:33	<b>01:39:08</b>	58
225	Maibach, Gerwin (M30)	TC Staudt	00:04:39	01:02:34	00:31:55	<b>01:39:08</b>	58
227	PantheI, Patrick (M30)	Team Rondell	00:06:08	00:53:54	00:39:20	<b>01:39:22</b>	60
228	Schneider, Dieter (M40)	Hachenburg	00:06:58	00:54:12	00:38:14	<b>01:39:24</b>	75
229	Hannappel, Wilfried (M40)	Weidenhahn	00:06:04	00:59:05	00:34:20	<b>01:39:29</b>	76
230	Keht, Oliver (M30)	Lauftreff Morsbach	00:08:01	00:57:12	00:34:28	<b>01:39:41</b>	61
231	Schumann, Matthias (M30)	Bellingen	00:04:56	00:53:16	00:41:37	<b>01:39:49</b>	62
232	Stahl, Uli (M40)	Duschclub Hattert	00:05:00	00:53:16	00:41:49	<b>01:40:05</b>	77
233	Angermeier, Stephanie (WHK)	Bonn	00:05:11	00:58:11	00:36:48	<b>01:40:10</b>	11
234	Stumpf-Meyer, Tanja (W40)	RSV Daadetal	00:04:34	01:00:57	00:35:19	<b>01:40:50</b>	10
235	Uhr, Frank (M40)	MTB Team Hof	00:05:57	00:58:55	00:36:15	<b>01:41:07</b>	78
236	Hohmann, Klaus (M50)	Tennisclub Siegen	00:05:14	00:58:41	00:37:25	<b>01:41:20</b>	27
237	Nolde, Udo (M50)	SV Malberg	00:05:34	00:52:56	00:43:02	<b>01:41:32</b>	28
238	Webel, Rainer (M50)	Elkenroth	00:06:01	00:56:07	00:39:26	<b>01:41:34</b>	29
239	Weißgerber, Alexander (MHK)	Skiclub Altenkirchen	00:05:49	00:57:10	00:39:17	<b>01:42:16</b>	26
240	Malerz, Andreas (M30)	DREAM TEAM BONN	00:06:15	01:00:08	00:35:59	<b>01:42:22</b>	63

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
241	Baldus, Christian (M50)	Betzdorf	00:06:01	01:02:29	00:33:53	<b>01:42:23</b>	30
242	Clemens, Christina (W30)	Koblenz	00:05:05	00:57:45	00:40:09	<b>01:42:59</b>	8
243	Schmidt, Manuel (MHK)	Mäh!	00:04:52	01:00:06	00:38:05	<b>01:43:03</b>	27
244	Fiedler, Waldemar (M40)	DREAM TEAM BONN	00:05:16	01:01:32	00:36:16	<b>01:43:04</b>	79
245	Buchner, Peter (M40)	JÄHZORN Hardt	00:05:19	00:57:26	00:40:23	<b>01:43:08</b>	80
246	Ruthardt, Armin (M30)	SG Westerwald	00:04:30	01:02:11	00:36:30	<b>01:43:11</b>	64
247	Kick, Franz (M50)	Ski Club Altenkirchen	00:07:15	01:00:01	00:35:56	<b>01:43:12</b>	31
248	Zander, Rainer (M50)	ASG Altenkirchen	00:06:05	01:01:35	00:35:52	<b>01:43:32</b>	32
249	Düngen, Rainer (M50)	SV Niedererbach	00:06:01	00:58:57	00:38:40	<b>01:43:38</b>	33
250	Rumpel, Maik (M30)	Sportfreunde Neitersen	00:07:10	01:06:01	00:30:44	<b>01:43:55</b>	65
251	Groß, Kathi (WHK)	Oldenburg	00:05:28	01:00:28	00:38:01	<b>01:43:57</b>	12
252	Müller, Carsten (M40)	Niederdreisbach	00:05:51	00:59:03	00:39:12	<b>01:44:06</b>	81
253	Schlaug, Wolfgang (M30)	Die Wilde 13	00:06:21	00:58:05	00:40:10	<b>01:44:36</b>	66
254	Diehl, Nadja (W40)	CCRB	00:05:20	00:59:14	00:40:18	<b>01:44:52</b>	11
255	Lieps, Vera (W40)	Betzdorf	00:05:20	01:02:35	00:36:58	<b>01:44:53</b>	12
256	Heidrich, Joachim (M40)	Dreisbach	00:06:22	01:01:00	00:38:03	<b>01:45:25</b>	82
257	Ulbrich, Peter (M40)	TV Daaden	00:06:35	00:59:35	00:39:17	<b>01:45:27</b>	83
258	Schmal, Hans-Georg (M50)	LH Watzenhahn	00:06:17	01:00:02	00:39:49	<b>01:46:08</b>	34
259	Sendzik, Siegmur (M40)	Nisterau	00:06:17	01:01:24	00:38:42	<b>01:46:23</b>	84
260	Kämpflein, Iris (W30)	Daaden	00:05:55	01:00:51	00:39:39	<b>01:46:25</b>	9
261	Schneider, Christina (WHK)	Unnau	00:05:16	00:57:48	00:43:38	<b>01:46:42</b>	13
262	Betz, Markus (M40)	SVR-Skiverband Rheinland	00:06:59	01:01:47	00:38:12	<b>01:46:58</b>	85
263	Nickol, Heinz (M50)	Daaden	00:06:42	01:00:41	00:39:36	<b>01:46:59</b>	35
264	Linke, Jürgen (M40)	SC Wissen	00:06:57	01:02:47	00:37:27	<b>01:47:11</b>	86
265	Keßler, Angelika (W40)	Impuls	00:07:14	01:01:50	00:38:33	<b>01:47:37</b>	13
266	Lohmann, Matthias (M40)	RWE Siegerland	00:05:28	00:58:24	00:44:09	<b>01:48:01</b>	87
267	Winkler, Christine (WHK)	Hachenburg	00:05:44	00:58:06	00:44:26	<b>01:48:16</b>	14
268	Kaiser, Eva (W40)	SV Staudt	00:06:05	01:03:29	00:38:57	<b>01:48:31</b>	14
269	Malerz, Christoph (M40)	DREAM TEAM BONN	00:05:47	01:00:54	00:41:58	<b>01:48:39</b>	88
269	Rochholl, Lars (M30)	Lauffreunde Watzenhahn	00:05:27	01:03:29	00:39:43	<b>01:48:39</b>	67
271	Bell, Jennifer (WJA)	TUS Nister	00:05:40	00:55:29	00:47:41	<b>01:48:50</b>	1
272	Klein, Sarah (WJA)	TV Dresseldorf	00:05:16	01:00:17	00:43:25	<b>01:48:58</b>	2
273	Solbach, Markus (M30)	SG Westerwald	00:05:05	01:02:24	00:41:35	<b>01:49:04</b>	68
274	Groß, Iris (W30)	Die Wilde 13	00:06:23	01:03:25	00:39:17	<b>01:49:05</b>	10
275	Simon, Andrea (W30)	SG Westerwald	00:06:35	01:01:22	00:41:10	<b>01:49:07</b>	11
276	Wagener, Hagen (M30)	Team Rondell	00:05:04	00:59:57	00:44:23	<b>01:49:24</b>	69
277	Ruthardt, Ramón (MJC)	SPVGG Steineroth	00:07:30	01:05:48	00:36:27	<b>01:49:45</b>	1
277	Bäumer, Anja (W30)	Schneckenpower	00:05:17	01:06:51	00:37:37	<b>01:49:45</b>	12
279	Brenner, Bernd (M50)	SVS Emmerzhausen	00:07:05	01:08:13	00:35:27	<b>01:50:45</b>	36
280	Reichmann, Monika (W30)	LT Alpenrod-Lochum	00:06:37	01:05:11	00:39:08	<b>01:50:56</b>	13

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
281	Neumeyer, Antje (W40)	Waldbronn	00:04:58	01:03:13	00:44:13	<b>01:52:24</b>	15
282	Schell, Dr. Karl-Heinz (M40)	Dreifelden	00:06:03	01:05:36	00:41:11	<b>01:52:50</b>	89
283	Groß, Karl-Heinz (M60)	Die Wilde 13	00:07:38	01:03:58	00:41:17	<b>01:52:53</b>	6
284	Kreuzberg, Marion (W40)	Daaden	00:05:54	01:01:23	00:45:53	<b>01:53:10</b>	16
285	Bohn, Lisa (WJB)	DLRG Betzdorf	00:04:26	01:03:07	00:45:54	<b>01:53:27</b>	2
286	Rheindorf, Hans Günter (M50)	PSV Bonn	00:06:18			<b>01:53:41</b>	37
287	Ruthardt, Monika (W30)	SG Westerwald	00:05:40	01:07:54	00:41:13	<b>01:54:47</b>	14
288	Giehl, Joachim (M50)	Hachenburg	00:07:02	01:01:45	00:49:37	<b>01:58:24</b>	38
289	Klößner, Benno (M40)	SV Niedererbach	00:06:49	01:08:38	00:43:34	<b>01:59:01</b>	90
290	Fischer, Ariane (W30)	Hachenburg	00:05:58	01:09:47	00:43:17	<b>01:59:02</b>	15
291	Künkler, Petra (W40)	RSV Daadetal	00:06:08	01:03:30	00:49:55	<b>01:59:33</b>	17
292	Pfeiffer, Carola (W40)	Köln	00:05:49	01:07:08	00:48:02	<b>02:00:59</b>	18
293	Heidrich, Melanie (WHK)	Dreisbach	00:06:28	01:11:06	00:47:47	<b>02:05:21</b>	15
294	Wünsche, Bernd (M40)	Laufftreff Alpenrod	00:08:23	01:07:07	00:54:43	<b>02:10:13</b>	91
295	Schulz, Lydia (W30)	Köln	00:06:53	01:28:09	00:59:37	<b>02:34:39</b>	16