

Ergebnisliste 28. Mörsbacher Triathlon am 11.08.2012 (PLATZ)

Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
1	Meyer, Tim (MHK)	KTT01	00:03:00	00:36:01	00:20:18	00:59:19	1
2	Meyer, Peter (M40)	RSV Daadetal	00:03:34			01:02:34	1
3	Leins, Sebastian (M30)	Kölner Triathlon-Team 01	00:03:21	00:37:56	00:23:06	01:04:23	1
4	Lautwein, Tobias (MHK)	RSC Betzdorf	00:04:11	00:36:30	00:24:08	01:04:49	2
5	Jungbluth, Uwe (M30)	Kölner Triathlon Team 01	00:03:51	00:39:00	00:22:07	01:04:58	2
6	Löhr, Patrick (M30)	AWD Team TVE Netphen	00:03:57			01:06:16	3
7	Dittrich, Michael (MHK)	SV Hellas Siegburg	00:03:35	00:38:24	00:25:23	01:07:22	3
8	Mille, Markus (M40)	RSG '88 Montabaur	00:03:12	00:40:04	00:24:07	01:07:23	2
9	Heine, Timo (M30)	SG Mörsbach	00:03:16	00:38:10	00:26:09	01:07:35	4
10	Stühn, Roy (M40)	RSV Daadetal	00:03:57	00:39:18	00:24:55	01:08:10	3
11	Krause, Frank (M40)	SRL Triathlon Koblenz	00:04:10	00:41:27	00:23:04	01:08:41	4
12	Giehl, Caprice (W30)	AWD Team TVE Netphen	00:03:47	00:39:42	00:25:13	01:08:42	1
13	Gattwinckel, Nils (MHK)	AWD Team TVE Netphen	00:03:47	00:40:47	00:24:32	01:09:06	4
14	Diefenbach, Christian (M30)	Nornborn	00:03:47	00:40:49	00:24:53	01:09:29	5
15	Schütz, Jörg (M40)	DJK Marienstatt	00:03:50	00:40:03	00:25:48	01:09:41	5
16	Schneider, Peter (M40)	DJK Marienstatt	00:04:24	00:38:40	00:26:47	01:09:51	6
17	Leins, Florian (MHK)	physiotherapie-harzheim.de	00:03:46	00:40:51	00:25:42	01:10:19	5
18	Goldfisch, Jens (M30)	RSV Daadetal	00:04:42	00:39:04	00:26:37	01:10:23	6
19	Hahmann, Michael (M30)	RSV Daadetal/3-force	00:04:18	00:42:40	00:23:37	01:10:35	7
20	Baltes, Maik (M30)	tri.Si	00:03:57	00:42:14	00:25:29	01:11:40	8
21	Pritz, Matthias (M40)	DJK Marienstatt	00:04:05	00:40:42	00:27:17	01:12:04	7
22	Prümm, Manuel (M30)	DJK Marienstatt	00:05:06	00:41:10	00:25:54	01:12:10	9
23	Zimander, Sebastian (MHK)	DJK Marienstatt	00:04:10	00:41:21	00:26:57	01:12:28	6
24	Peitsch, Daniel (M30)	Betzdorfer Turnverein	00:03:16	00:41:46	00:27:38	01:12:40	10
25	Latsch, Mike (M30)	RSV Daadetal	00:04:09	00:42:17	00:26:20	01:12:46	11
26	Alhäuser, Philipp (MHK)	SG Westerwald	00:04:12	00:43:46	00:24:55	01:12:53	7
27	Schäfer, Lars (M30)	Team Schilder Schäfer	00:06:05	00:40:42	00:26:18	01:13:05	12
28	Strunk, Christoph (MHK)	RSV Daadetal	00:03:58	00:42:36	00:26:44	01:13:18	8
29	Stenz, Mario (M30)	Selters	00:03:50	00:44:02	00:25:34	01:13:26	13
30	Vaccargiu, Mario (M30)	SG Mörsbach	00:04:39	00:41:20	00:27:53	01:13:52	14
30	Manuel, Schütz (M30)	WSG Bad Marienberg	00:04:02	00:43:56	00:25:54	01:13:52	14
32	Lambert, Jens (M30)	Vallendar	00:03:30	00:42:04	00:28:28	01:14:02	16
33	Wengenroth, Martin (M40)	LG Winnen	00:04:36	00:41:44	00:27:44	01:14:04	8
34	Morgenschweis, Heiko (MHK)	Atlas Sport	00:03:38	00:44:04	00:26:28	01:14:10	9
35	Lichtenthäler, Andreas (M50)	DJK Marienstatt	00:04:47	00:40:34	00:29:23	01:14:44	1
36	Gubernator, Lutz (M40)	LT Moselpellets	00:04:39	00:41:57	00:28:11	01:14:47	9
37	Göbel, Volker (M40)	Wäller TRC.de	00:03:30	00:43:08	00:28:12	01:14:50	10
38	Lichtenthaeler, Reiner (M60)	DJK Marienstatt	00:04:32	00:42:52	00:27:49	01:15:13	1
39	Gras, Mirco (M30)	Wiesensee Runners	00:04:44	00:44:33	00:26:01	01:15:18	17
40	Büdenbender, Max (MJA)	TuS Horhausen	00:04:59	00:44:15	00:26:07	01:15:21	1

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
41	Korth, Matthias (M40)	SVS Emmerzhausen	00:06:07	00:43:48	00:25:40	01:15:35	11
42	Plewnia, Roman (M40)	DJK Marienstatt	00:04:35	00:44:37	00:26:24	01:15:36	12
43	Archut, Dirk (M40)	Stormbringer 7-Gebirge	00:04:47	00:41:03	00:29:47	01:15:37	13
44	Schulte, Dirk (M40)	SV Hellas Siegburg - die Wilde 13	00:04:40	00:43:15	00:27:58	01:15:53	14
45	Roth, Sven (M30)	RSV Daadetal	00:04:04	00:42:43	00:29:44	01:16:31	18
46	Hirsch, Maximilian (MHK)	TU Delft	00:04:12	00:42:36	00:30:03	01:16:51	10
46	Spitzer, Martin (M40)	IN-TEAM	00:04:29	00:44:36	00:27:46	01:16:51	15
48	Kohlhaas, Harald (M40)	DJK Marienstatt	00:03:50	00:43:44	00:29:21	01:16:55	16
49	Menn, Torsten (M40)	TuS Müsen	00:04:12	00:44:06	00:28:41	01:16:59	17
50	Seifer, Bernhard (M50)	SG Mörsbach	00:06:09	00:44:16	00:26:35	01:17:00	2
51	Seibert, Rudolf (M50)	DJK Marienstatt	00:05:14	00:43:40	00:28:21	01:17:15	3
52	Klappert, Andreas (M40)	:anlauf Siegen	00:05:11	00:44:39	00:27:34	01:17:24	18
53	Müller, Philip (MHK)	WSG Bad Marienberg	00:04:31	00:51:42	00:21:23	01:17:36	11
54	Müller, Markus (M40)	WSG Bad Marienberg	00:04:08	00:44:56	00:28:36	01:17:40	19
55	Otterbach, Rebekka (WHK)	AWD Team TVE Netphen	00:04:15	00:46:35	00:27:08	01:17:58	1
55	Hundhausen, Bastian (M30)	tri.SI	00:03:47	00:44:45	00:29:26	01:17:58	19
57	Krämer, Julius (MHK)	VC '73 Freudenberg	00:05:25	00:44:28	00:28:20	01:18:13	12
58	Rogowicz, Lukasz (M30)	Atlas Sport	00:04:46	00:43:46	00:29:46	01:18:18	20
59	Holthaus, Roman (M50)	bikeattackoberberg	00:04:24	00:45:51	00:28:07	01:18:22	4
60	Krämer, Moritz (MHK)	DAV-Sektion Siegerland	00:04:14	00:46:56	00:27:20	01:18:30	13
61	Stock, Jochen (M40)	Wallmenroth	00:04:51	00:45:59	00:27:46	01:18:36	20
62	Putz, Harry (M50)	TV 1908 Neunkirchen	00:05:43	00:47:11	00:25:44	01:18:38	5
63	Wagner, Thosy (M40)	LG BSN	00:04:01	00:45:04	00:29:34	01:18:39	21
64	Henrichs, Stefan (M30)	RSV Daadetal	00:04:40	00:41:58	00:32:02	01:18:40	21
65	Hähner, Patrick (M30)	Betzdorf	00:04:31	00:46:37	00:28:20	01:19:28	22
66	Dewald, Achim (M40)	WSG Bad Marienberg	00:05:50	00:46:05	00:27:35	01:19:30	22
67	Bätzing, Daniel (MHK)	EJOT Team TV Buschhütten	00:03:55	00:46:30	00:29:11	01:19:36	14
68	Mies, Patrick (M40)	1. FC Streithausen	00:05:26	00:42:17	00:32:07	01:19:50	23
69	Schmitz, Rainer (MHK)	Triathlon Equipe Elz	00:04:06	00:46:52	00:29:04	01:20:02	15
70	Wiese, Thorsten (M40)	tri.Si	00:04:46	00:44:49	00:30:33	01:20:08	24
71	KLAMM, BERND (M50)	Tramps vun de PALZ	00:05:13	00:46:00	00:28:56	01:20:09	6
72	Lange, Frank (M50)	SV Hellas Siegburg	00:04:20	00:46:10	00:29:50	01:20:20	7
72	Borgolte, Stephan (M40)	Niederkassel	00:04:52	00:47:06	00:28:22	01:20:20	25
74	Dieck, Peter (M40)	DJK Marienstatt	00:04:46	00:45:39	00:29:56	01:20:21	26
75	Waurick, Sebastian (MHK)	TEAM MAINTAINER	00:03:53	00:45:31	00:31:09	01:20:33	16
76	Bessmann, Jörg (M40)	Wenden	00:03:31	00:45:21	00:31:43	01:20:35	27
77	Mies, Alexander (M30)	DJK Marienstatt	00:04:25	00:45:40	00:30:36	01:20:41	23
78	Seidel, Lukas (MHK)	VC '73 Freudenberg	00:04:36	00:45:05	00:31:04	01:20:45	17
79	Weber, Ute (W50)	RSV Osthelden	00:05:24	00:46:06	00:29:17	01:20:47	1
80	Hennecke, Torsten (M30)	SC Wilzenberg	00:04:16	00:45:06	00:31:33	01:20:55	24

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
81	Kuhoff, Michael (M40)	Triathlon Equipe Elz	00:04:06	00:46:58	00:29:58	01:21:02	28
82	Diehl, Mario (M40)	CCRB	00:05:03	00:44:52	00:31:09	01:21:04	29
83	Klößner, Joachim (M50)	SG Mörsbach	00:05:48	00:44:43	00:30:35	01:21:06	8
84	Schöler, Dirk (M40)	Voba Runner	00:05:12	00:48:00	00:28:11	01:21:23	30
85	Stolz, Nico (M30)	RSV Daadetal	00:05:21	00:46:22	00:30:00	01:21:43	25
86	Maag, Andreas (M40)	DJK Marienstatt	00:04:28	00:46:24	00:30:54	01:21:46	31
87	Bessmann, Dirk (M40)	Dortmund	00:04:19	00:46:00	00:31:42	01:22:01	32
88	Fries, Michell (MHK)	Team Fries	00:05:24	00:46:33	00:30:20	01:22:17	18
89	Brenner, Anja (W40)	WSG Bad Marienberg	00:04:22	00:47:27	00:30:31	01:22:20	1
90	Leidig, Peter (M40)	Castrop-Rauxel	00:04:20	00:48:01	00:30:12	01:22:33	33
91	Muhl, Klemens (M50)	DJK Herdorf	00:05:59	00:47:20	00:29:16	01:22:35	9
92	Hering, Markus (M40)	tri.si	00:04:07	00:46:21	00:32:10	01:22:38	34
93	Korth, Stefan (M40)	Die kleine grüne Kiste	00:05:59	00:46:31	00:30:20	01:22:50	35
94	Groß, Markus (M40)	SV Hellas Siegburg	00:04:23	00:47:06	00:31:27	01:22:56	36
95	Gebert, Sebastian (M30)	Worschküch	00:05:21	00:48:00	00:29:37	01:22:58	26
96	Röhricht, Philip (M30)	Alsdorf	00:05:57	00:48:04	00:29:05	01:23:06	27
97	Hame, Joachim (M40)	Die kleine grüne Kiste	00:04:31	00:47:25	00:31:12	01:23:08	37
98	Becker, Markus (M40)	TUS Friedewald	00:05:35	00:47:02	00:30:33	01:23:10	38
99	Henrichs, Uwe (M50)	SV Breitscheidt	00:06:08	00:48:01	00:29:02	01:23:11	10
100	Hölzemann, Jörg (M40)	Die kleine grüne Kiste	00:06:13	00:46:01	00:31:01	01:23:15	39
100	Ermert, Daniel (M30)	Jagdhornbläsergruppe Alsdorf-Hachenburg	00:05:18	00:46:28	00:31:29	01:23:15	28
100	Hoffmann, Rainer (M50)	Triathlon Team Elkenroth	00:05:57	00:49:02	00:28:16	01:23:15	11
100	May, Thomas (MHK)	Worschküch	00:04:25	00:48:38	00:30:12	01:23:15	19
104	Barkmann, Dirk (M30)	TEAM MAINTAINER	00:04:29	00:46:48	00:32:05	01:23:22	29
105	Golenia, Christian (M40)	Bonn	00:04:27	00:47:04	00:32:03	01:23:34	40
106	Bargholt, Daniela (W40)	Acton Stars	00:06:06	00:44:53	00:32:38	01:23:37	2
107	Nickol, Walter (M60)	RSV Daadetal	00:04:00	00:47:22	00:32:17	01:23:39	2
108	Bey, Anne (W30)	Hachenburg	00:04:12	00:49:56	00:29:32	01:23:40	2
109	Walkenbach, André (M30)	Selbach Brunken	00:05:26	00:47:18	00:30:59	01:23:43	30
110	Pietocha, Michael (MJA)	TPT Hachenburg 09	00:04:30	00:47:53	00:31:27	01:23:50	2
111	Hamann, Christian (M40)	Stormbringer 7-Gebirge	00:05:08	00:47:14	00:31:37	01:23:59	41
112	Wagner, Jörg (M40)	TM Zur Kreuzung Dreisbach e. V.	00:04:13	00:49:37	00:30:14	01:24:04	42
113	Otto, David (MHK)	Weitefeld	00:04:43	00:49:33	00:29:58	01:24:14	20
114	Stahl, Alexander (M30)	SSV Weyerbusch	00:04:50			01:24:27	31
115	Normann, Guido (M40)	Wiesensee Runners	00:04:43	00:49:41	00:30:12	01:24:36	43
116	Schmidt, Adrian (MHK)	First Time Runner	00:04:51	00:45:55	00:33:52	01:24:38	21
117	Probst, Christoph (M30)	DAV-Sektion Siegerland	00:04:04	00:51:16	00:29:20	01:24:40	32
118	Haubrich, Frank (M40)	Daaden	00:04:47	00:49:44	00:30:10	01:24:41	44
119	Krämer, Andreas (M40)	Stormbringer 7-Gebirge	00:05:40	00:46:31	00:32:32	01:24:43	45
120	Ehlgen, Bastian (M30)	Berod	00:03:41	00:49:48	00:31:17	01:24:46	33

Ergebnisliste 28. Mörsbacher Triathlon am 11.08.2012 (PLATZ)

Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamt-zeit	Platz Klasse
121	Schütthof, Michael (M50)	TV Rosbach	00:04:57	00:45:49	00:34:01	01:24:47	12
122	Mille, Bianca (W30)	DBL-RSG Montabaur	00:03:59	00:46:53	00:33:59	01:24:51	3
123	Steyer, Waldemar (M40)	Leverkusen	00:05:18	00:49:17	00:30:21	01:24:56	46
123	Zöller, Hans-Leo (M50)	Atlas Sport	00:06:36	00:49:37	00:28:43	01:24:56	13
125	Muhl, Christian (M40)	Betzdorf	00:04:14	00:48:02	00:32:41	01:24:57	47
126	Stamer, Jan (M40)	DLRG Wetzlar	00:03:22	00:49:19	00:32:21	01:25:02	48
127	Schilling, Mario (M30)	1. FC Streithausen	00:04:14	00:48:12	00:32:48	01:25:14	34
128	Meyer, Dirk (M40)	RSV Daadetal	00:03:22	00:47:13	00:34:41	01:25:16	49
129	Roth, Frank (M30)	CVJM Wahlbach	00:04:32	00:47:44	00:33:02	01:25:18	35
130	Hombach, Simon (MHK)	SG Westerwald	00:04:55			01:25:19	22
130	Kirchner, Holger (M50)	Porsche BSG	00:05:19	00:47:43	00:32:17	01:25:19	14
132	Stangier, Michael (M40)	Glatte Wade	00:05:40	00:47:16	00:32:49	01:25:45	50
133	Rödder, Jonas (MJA)	DJK Betzdorf	00:06:06	00:50:23	00:29:28	01:25:57	3
134	Schneider, Ilona (WHK)	SG Mörsbach	00:03:46	00:47:30	00:34:43	01:25:59	2
135	Hennrich, Jürgen (M40)	Die kleine grüne Kiste	00:04:16	00:51:28	00:30:18	01:26:02	51
136	Gorynia, Guido (M40)	SV Hellas Siegburg	00:04:57	00:52:12	00:28:55	01:26:04	52
137	Platzen, Jan-Philipp (MHK)	Weitefeld	00:04:45	00:48:31	00:32:50	01:26:06	23
138	Walter, Jens (M40)	ASC Ströher Dillenburg	00:04:10	00:47:34	00:34:23	01:26:07	53
139	Geimer, Christoph (M50)	DJK Marienstatt	00:04:44	00:47:40	00:33:46	01:26:10	15
140	Heuzeroth, Kai (M40)	WSG Bad Marienberg	00:05:42	00:49:14	00:31:19	01:26:15	54
141	Meuer, Peter-Josef (M50)	SV Staudt	00:05:45	00:49:42	00:30:50	01:26:17	16
142	Barteck, Sascha (MHK)	RSV Daadetal	00:04:41	00:47:52	00:33:53	01:26:26	24
143	Weyer, Christian (MHK)	SV Niedererbach	00:06:22	00:50:20	00:29:45	01:26:27	25
144	Hartmann, Oliver (M40)	KLEUSBERG	00:04:38	00:50:21	00:31:39	01:26:38	55
145	Pritzer, Petra (W30)	DJK Marienstatt	00:05:24	00:51:31	00:29:45	01:26:40	4
145	Ströder, Lutz (M50)	TuS Mogendorf	00:05:45	00:51:13	00:29:42	01:26:40	17
147	Mees, Tina (W30)	BSG KSK Altenkirchen	00:05:16	00:48:24	00:33:02	01:26:42	5
148	Bell, Eckhard (M50)	DJK Marienstatt	00:04:42	00:48:04	00:33:58	01:26:44	18
149	Fries, Yannik (MHK)	Team Fries	00:05:21			01:26:46	26
150	Schucht, Sascha (M40)	Castrop-Rauxel	00:05:12	00:48:41	00:32:59	01:26:52	56
151	bill, matthias (M30)	Worschküch	00:04:38	00:50:16	00:32:01	01:26:55	36
152	Gerber, Peter (M50)	RSV-Daadetal	00:06:57	00:47:41	00:32:20	01:26:58	19
153	Greeb, Rolf (M50)	SV Jugendlust Nisterau	00:06:00	00:47:25	00:33:41	01:27:06	20
154	Strauch, Christian (MHK)	DJK Marienstatt	00:04:21	00:50:22	00:32:31	01:27:14	27
155	Bell, Christin (WHK)	DJK Marienstatt	00:05:43	00:51:59	00:29:34	01:27:16	3
156	Oster, Andreas (M40)	TuS Deuz	00:06:57	00:50:48	00:29:33	01:27:18	57
156	Otterbach, Frank (M40)	Geh gegen Dich!	00:04:41	00:51:15	00:31:22	01:27:18	57
158	Heyen-Wiese, Michaela (W40)	Ute Mückel Triathlon Team	00:05:40	00:47:47	00:33:52	01:27:19	3
159	Braas, Anja (W40)	DJK Marienstatt	00:05:56	00:48:04	00:33:24	01:27:24	4
160	Wagner, Christian (M30)	VSG Alsdorf	00:04:59	00:49:22	00:33:08	01:27:29	37

Ergebnisliste 28. Mörsbacher Triathlon am 11.08.2012 (PLATZ)

Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
161	Büschel, Rainer (M50)	Hennef	00:04:51	00:50:30	00:32:14	01:27:35	21
162	Gilsdorf, Volker (M50)	LC-Mengerskirchen	00:06:03	00:49:14	00:32:19	01:27:36	22
163	Asbach, Sören (M40)	RSV Osthelden	00:04:30	00:47:33	00:35:40	01:27:43	59
164	Schneider, Thorsten (M40)	Steinebach	00:05:46	00:47:52	00:34:07	01:27:45	60
165	Sendzik, Siegmur (M50)	Nisterau	00:04:52	00:49:01	00:33:53	01:27:46	23
166	Schupp, Sebastian (MJA)	DJK Betzdorf	00:05:30	00:52:41	00:29:41	01:27:52	4
166	Marhöfer, Peter (M50)	Radsporfrende Wallmenroth	00:06:46	00:48:15	00:32:51	01:27:52	24
168	Hammer-Kreil, Monika (W50)	SG Westerwald	00:05:43	00:51:07	00:31:06	01:27:56	2
169	Wald, Tim (MHK)	Pro Namibia e.V.	00:06:22	00:52:07	00:29:30	01:27:59	28
170	Reubold, Christian (M40)	BSG Naspas	00:05:15	00:51:20	00:31:41	01:28:16	61
171	Wolfgang, Schneider (M50)	SV Niedererbach	00:05:58	00:49:26	00:32:54	01:28:18	25
172	Spitza, Wolfgang (M40)	TUS Friedewald	00:06:07	00:50:08	00:32:06	01:28:21	62
173	Thomas, Liewald (M40)	Mainz	00:04:37	00:48:45	00:35:00	01:28:22	63
174	Kohlhas, Klaus (M40)	SG Westerwald	00:05:22	00:50:54	00:32:10	01:28:26	64
175	Jakovljevic, Slavisa (M40)	SV Niedererbach	00:04:55	00:50:47	00:32:45	01:28:27	65
175	Theis, Carmen (W40)	DJK Marienstatt	00:05:04	00:51:33	00:31:50	01:28:27	5
177	Koch, Bernd (M50)	DJK Marienstatt	00:06:13	00:50:49	00:31:32	01:28:34	26
178	Köhler, Jens (M30)	Vallendar	00:06:01	00:50:35	00:32:03	01:28:39	38
179	Lautwein, Ulrike (W50)	RSC Betzdorf	00:06:03	00:47:26	00:35:20	01:28:49	3
180	Müller, Jörg (M40)	Bruchertseifen	00:04:23	00:50:26	00:34:08	01:28:57	66
181	Barton, Heinz (M40)	SV DICKENDORF	00:05:17	00:52:38	00:31:04	01:28:59	67
181	Kirchhöfer, Kay (M30)	Die kleine grüne Kiste	00:06:03	00:48:27	00:34:29	01:28:59	39
183	Werning, Alexander (M30)	Hirz-Maulsbach	00:04:28	00:50:30	00:34:05	01:29:03	40
184	Hame, Sabine (W40)	Die kleine grüne Kiste	00:05:12	00:50:47	00:33:07	01:29:06	6
185	Molenda, Kurt (M60)	Hobby Club Giesenhausen	00:05:12	00:48:45	00:35:13	01:29:10	3
186	Marhöfer, Florian (MHK)	Radsporfrende Wallmenroth	00:05:14	00:51:29	00:32:28	01:29:11	29
187	Brenner, Bernd (M50)	SVS Emmerzhausen Team Erdinger Alkoholfr	00:06:38	00:51:09	00:31:25	01:29:12	27
188	Pöse, Jörg (M50)	Fit & Geschickt	00:06:32	00:50:24	00:32:20	01:29:16	28
189	Linhart, Rainer (M50)	SG Westerwald	00:05:22	00:50:25	00:33:41	01:29:28	29
190	Hartmann, Marcel (MHK)	TRI-AG Ww-Gymnasium	00:03:39	00:51:58	00:33:55	01:29:32	30
191	Schui, Christian (MHK)	SG Meudt	00:04:50	00:56:23	00:28:44	01:29:57	31
192	Bruch, Tim (MHK)	Kirchen	00:05:46	00:50:15	00:34:18	01:30:19	32
193	Cooper, Lino (M50)	Porsche BSG	00:05:45	00:50:21	00:34:22	01:30:28	30
194	Rommel, Marcus (M30)	Selbach-Brunken	00:04:16	00:51:50	00:34:28	01:30:34	41
195	Metzger, Rene (MHK)	Atlas Sport	00:05:57	00:57:04	00:27:38	01:30:39	33
196	Fasel, Nadine (W30)	Guckheim	00:06:23	00:51:22	00:32:58	01:30:43	6
197	Leicher, Petra (W30)	RSV Daadetal	00:04:26	00:50:43	00:35:35	01:30:44	7
198	Gerlach, Ulrich (M40)	SF Rextord	00:04:53	00:52:14	00:33:40	01:30:47	68
199	Beuth, Dirk (M30)	TEAM MAINTAINER	00:05:39	00:50:48	00:34:22	01:30:49	42
200	Rocker, Manfred (M40)	Köln	00:06:16	00:48:54	00:35:44	01:30:54	69

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
201	Schütz, Niklas (MJA)	DJK Marienstatt	00:06:44	00:52:48	00:31:23	01:30:55	5
201	Roßbach, Stefan (MHK)	Sportfreunde Selbach	00:06:00	00:53:30	00:31:25	01:30:55	34
203	Dielmann, Michael (M50)	SC Höhn e.V.	00:05:05	00:51:48	00:34:36	01:31:29	31
203	Neppl, Torsten (M40)	1. FC Streithausen	00:06:58	00:51:34	00:32:57	01:31:29	70
205	forstreuter, christian (MHK)	VSG Alsdorf	00:05:32	00:54:49	00:31:11	01:31:32	35
206	Klein, Thomas (M40)	DJK Herdorf	00:05:57	00:50:07	00:35:33	01:31:37	71
207	Salterberg, Klaus (M50)	Hennef	00:04:16	00:52:09	00:35:15	01:31:40	32
208	Rausch-Radke, Susanne (W4)	LG Daubach	00:05:51	00:54:07	00:31:43	01:31:41	7
208	Räder, Maximilian (MHK)	SV Niedererbach	00:06:25	00:50:56	00:34:20	01:31:41	36
210	Schütz, Kathrin (W30)	WSG Bad Marienberg	00:05:24	00:52:11	00:34:09	01:31:44	8
211	Kohlhas, Roman (MJA)	SG Westerwald	00:05:35	00:51:13	00:35:00	01:31:48	6
212	Kyrion, Frank (M40)	SV Hellas Siegburg	00:04:38	00:55:22	00:31:56	01:31:56	72
213	Becker, Matthias (M50)	Friedewald	00:04:45	00:52:19	00:35:09	01:32:13	33
214	Krüper, Helmut (M40)	Schneckenpower	00:05:34	00:53:33	00:33:07	01:32:14	73
215	Kohlhaas, Jörg (M40)	TUS Friedewald	00:06:20	00:52:21	00:33:41	01:32:22	74
216	Jung, Eberhard (M50)	Daaden	00:05:29	00:54:29	00:32:26	01:32:24	34
217	Kaiser, Uli (M40)	SV Staudt	00:06:57	00:51:45	00:33:43	01:32:25	75
218	Leicher, Achim (M50)	DJK Marienstatt	00:04:39	00:54:51	00:33:00	01:32:30	35
219	Thiem, Lars (MHK)	FSV Kroppach	00:06:57	00:55:05	00:30:29	01:32:31	37
220	Ohl, Heinz (M50)	Ohl Family Collies	00:05:44	00:53:52	00:32:58	01:32:34	36
221	Schneider, Dieter (M40)	Hachenburg	00:06:57	00:49:46	00:35:56	01:32:39	76
222	Marenbach, Julian (MHK)	Grün-Weiss-Birnbach	00:05:52	00:54:02	00:32:54	01:32:48	38
222	Dielmann, Marvin (MJA)	SV DICKENDORF	00:04:59	00:51:39	00:36:10	01:32:48	7
224	Schumacher, Jürgen (M50)	SV Niedererbach	00:05:32	00:51:23	00:35:57	01:32:52	37
225	Kohlhas, Jürgen (M40)	DJK Marienstatt	00:05:25	00:52:10	00:35:21	01:32:56	77
226	Ermert, Christiane (W40)	WSG Bad Marienberg	00:05:52	00:51:04	00:36:18	01:33:14	8
227	Knaak, Christopher (MHK)	SG Meudt	00:05:27	00:54:03	00:33:55	01:33:25	39
228	Feußner, Thomas (M30)	Power Onkel	00:04:19	01:00:16	00:29:08	01:33:43	43
229	Vera, Lieps (W50)	DJK Betzdorf	00:05:27	00:53:10	00:35:15	01:33:52	4
230	Klappert, Benjamin (MHK)	:anlauf Siegen	00:04:22	00:52:40	00:36:56	01:33:58	40
231	Morgenschweis, Heike (W30)	Wäller TRC.de	00:04:58	00:54:22	00:34:47	01:34:07	9
232	Dott, Andreas (MHK)	Pro Namibia e.V.	00:05:47	00:54:23	00:34:07	01:34:17	41
233	Schneider, Theresa (W30)	Vechta	00:03:35	00:58:57	00:32:01	01:34:33	10
234	Bäumer, Michael (M40)	Schneckenpower	00:05:30	00:53:49	00:35:21	01:34:40	78
235	Beckemeier, Christian (M40)	Sankt Augustin	00:05:25	00:53:41	00:35:37	01:34:43	79
236	Geyer, Matthias (M40)	Kartoffelgeyer	00:05:12	00:50:55	00:38:42	01:34:49	80
237	Sohlbach, Denis (MHK)	Unnau	00:04:29	00:57:47	00:32:35	01:34:51	42
238	Mies, Pauline (WJA)	Tus Hachenburg	00:04:49	00:54:50	00:35:27	01:35:06	1
239	Geimer, Christine (W50)	DJK Marienstatt	00:05:21	00:52:52	00:36:55	01:35:08	5
240	Gramsch, Julian (MHK)	DJK Marienstatt	00:05:49	00:55:51	00:33:38	01:35:18	43

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
241	Conrad, Jürgen (M50)	Geh gegen Dich!	00:06:15	00:55:27	00:33:38	01:35:20	38
242	Schütz, Antje (W40)	WSG Bad Marienberg	00:05:52	00:51:45	00:37:48	01:35:25	9
243	Lichtenthäler, Chris (MHK)	RSV Daadetal	00:05:10	00:55:42	00:34:36	01:35:28	44
244	Stahl, Uli (M40)	Duschclub	00:05:34	00:50:55	00:39:33	01:36:02	81
245	Mies, Gerhard (M40)	Tus Hachenburg	00:04:20	00:56:03	00:35:58	01:36:21	82
246	Müller, Christian (MHK)	SG Meudt	00:06:11	00:56:30	00:33:46	01:36:27	45
247	Schmidt, Sabine (W30)	RSV Daadetal/3-force	00:05:24	00:55:51	00:35:13	01:36:28	11
248	Halft, Flo (MHK)	Atlas Sport	00:07:34			01:36:38	46
249	König, Gerhard (M50)	WSG Bad Marienberg	00:05:23	00:52:49	00:38:30	01:36:42	39
249	Stedter, Johannes (M40)	Oberahr	00:06:49	00:51:59	00:37:54	01:36:42	83
251	Neffgen, Timo (M30)	Burglahr	00:05:04	01:00:16	00:31:24	01:36:44	44
252	Lorenz, Marc (MHK)	SC Alemania Dreikirchen	00:05:17	00:56:17	00:35:17	01:36:51	47
253	Mueller, Stefan (MHK)	Krefeld	00:05:23	00:53:18	00:38:12	01:36:53	48
254	Kiefer, Christiane (W40)	Wenden	00:04:25	00:52:39	00:39:52	01:36:56	10
255	Göbel, Michael (M40)	Die kleine grüne Kiste	00:06:18	00:51:40	00:39:07	01:37:05	84
256	Dahlem, Benedikt (MHK)	SG Meudt	00:06:17	00:56:53	00:33:59	01:37:09	49
257	Döring, Dörte (W40)	DJK Marienstatt	00:06:02	00:54:31	00:36:38	01:37:11	11
258	Diehl, Nadja (W40)	CCRB	00:05:07	00:55:09	00:37:00	01:37:16	12
259	Endres, Frank (M30)	Atlas Sport	00:05:00	00:56:27	00:35:50	01:37:17	45
260	Schneider, Jenny (WHK)	Ausdauer-Shop	00:05:25	00:53:24	00:38:30	01:37:19	4
261	Göbel, Winfried (M50)	Atlas Sport	00:07:25	00:52:58	00:37:19	01:37:42	40
262	Weber, Paul-Gerhard (M40)	DJK Marienstatt	00:07:15	00:56:39	00:34:05	01:37:59	85
263	Schneider, Christina (WHK)	Atlas Sport	00:05:30	00:52:07	00:40:24	01:38:01	5
264	Zimander-Gehlbach, Uschi (DJK Marienstatt	00:07:07	00:56:35	00:34:34	01:38:16	6
265	Hombach, David (MJA)	SG Westerwald	00:05:02	00:51:41	00:41:41	01:38:24	8
266	Jöhnk, Kai (M40)	IN-TEAM	00:06:10			01:38:37	86
267	Spier, Uwe (M50)	IN-TEAM	00:06:31	00:56:17	00:35:50	01:38:38	41
268	Dolle, Wolfgang (M40)	Geh gegen Dich!	00:04:51	00:59:35	00:34:18	01:38:44	87
269	Hombach, Johannes (M50)	SG Westerwald	00:05:38	00:57:00	00:36:27	01:39:05	42
270	Waffenschmidt, Anja (W50)	TV Büschergrund	00:05:29	00:57:33	00:36:08	01:39:10	7
271	Richstein, Nicole (W30)	Atlas Sport	00:07:24	00:55:04	00:36:49	01:39:17	12
272	Herzog, Alexander (M30)	Siegburg	00:05:49	00:56:44	00:36:49	01:39:22	46
273	Gontermann, Thomas (M30)	SF Rexnord	00:07:46	00:54:08	00:37:31	01:39:25	47
274	Langhoff, Joachim (M60)	Atlas Sport	00:06:24	00:55:48	00:37:46	01:39:58	4
275	Giebeler, Meike (W30)	:anlauf Siegen	00:04:02	00:57:50	00:38:28	01:40:20	13
276	Herwig, Sonja (W40)	:anlauf Siegen	00:07:07	00:58:10	00:35:10	01:40:27	13
277	Henseler, Michael (M40)	Voba Runner	00:08:25	00:58:49	00:33:15	01:40:29	88
278	Winkler, Christine (WHK)	Hachenburg	00:05:34	00:53:31	00:41:32	01:40:37	6
279	Greis, Michael (M40)	:anlauf Siegen	00:05:07	01:00:10	00:35:26	01:40:43	89
280	Schnell, Rudolf (M70)	SG Westerwald	00:05:48	00:54:54	00:40:02	01:40:44	1

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
281	Kick, Franz (M50)	Ski-Club Altenkirchen	00:07:03	00:56:02	00:37:42	01:40:47	43
282	Breitenstein, Boris (M40)	Porsche BSG	00:05:32	00:56:29	00:38:48	01:40:49	90
283	Hamacher, Nico (MJA)	SV DICKENDORF	00:04:52	00:56:39	00:39:26	01:40:57	9
284	Anders, Benedikt (MHK)	KLEUSBERG	00:06:24	00:58:38	00:36:02	01:41:04	50
285	Nickol, Kathrin (WHK)	Team Chaarisma	00:03:57	00:56:33	00:40:43	01:41:13	7
286	Fürtig, Thomas (MHK)	Pro Namibia e.V.	00:06:11	01:00:29	00:34:48	01:41:28	51
287	Pfeifer, Jörg (M40)	Wissen	00:05:44	00:58:48	00:37:23	01:41:55	91
288	Panz, Alexandra (W40)	Frankfurt	00:06:57	00:58:56	00:36:32	01:42:25	14
289	Gehlbach, Albrecht (M60)	DJK Marienstatt	00:07:08	00:56:39	00:39:06	01:42:53	5
290	Greb, Michael (M50)	Geh gegen Dich!	00:06:35	01:00:53	00:35:26	01:42:54	44
290	Schmidt, Jörg (M40)	Atlas Sport	00:05:21	00:58:27	00:39:06	01:42:54	92
292	Meuer, Andrea (W50)	SV Staudt	00:06:36	00:57:35	00:38:44	01:42:55	8
293	Strunk, Maya (WHK)	Daaden	00:05:50	00:56:30	00:40:51	01:43:11	8
294	Rink, Volkmar (M40)	IN-TEAM	00:05:16	01:03:33	00:34:23	01:43:12	93
295	Eulberg, Johannes (M30)	Guckheim	00:07:31	00:57:30	00:38:20	01:43:21	48
296	Kötting, Jens (M30)	Atlas Sport	00:06:06	00:59:55	00:37:28	01:43:29	49
297	Groß, Steffi (W30)	Team Chaarisma	00:06:45	01:00:13	00:36:53	01:43:51	14
298	Stolz, Stefanie (W30)	Alfterer SC	00:05:28	01:00:44	00:37:53	01:44:05	15
299	Brenner, Jenny (WHK)	Labor Koblenz	00:06:38	00:59:54	00:37:36	01:44:08	9
300	Rippholz, Daniela (W40)	Eitorf	00:06:51	00:56:37	00:40:44	01:44:12	15
301	Görg, Andre (M40)	Ransbach-Baumbach	00:04:57	01:01:03	00:38:40	01:44:40	94
302	Haas, Katharina (WHK)	Hachenburg	00:04:59	00:56:09	00:43:38	01:44:46	10
303	Haferstock, Swenja (W30)	Nauroth	00:05:56	01:02:26	00:36:38	01:45:00	16
304	Becher, Julia (WHK)	SG Westerwald	00:05:38	01:01:43	00:37:47	01:45:08	11
305	Henn, Heiko (M30)	TM Zur Kreuzung Dreisbach e. V.	00:06:25	01:01:45	00:37:05	01:45:15	50
306	Groß, Arthur (M60)	SG Mörsbach	00:06:12	00:57:41	00:41:38	01:45:31	6
307	Dr. Brendebach, Boris (M30)	Bonn	00:06:04	01:01:16	00:38:54	01:46:14	51
308	Feußner, Christina (W30)	Power Tante	00:04:58	01:01:25	00:40:04	01:46:27	17
309	Lichtenthäler, Claus (M30)	Die kleine grüne Kiste	00:06:27	00:57:03	00:43:14	01:46:44	52
310	Huhn, Björn (M30)	Die kleine grüne Kiste	00:06:29	00:58:52	00:42:28	01:47:49	53
311	Bäumer, Anja (W40)	Schneckenpower	00:05:09	01:04:09	00:38:40	01:47:58	16
312	Schütz, Heike (W40)	DJK Marienstatt	00:06:43	01:04:55	00:37:08	01:48:46	17
313	Alzer, Angela (W40)	Gebhardshain	00:06:19	01:04:12	00:38:38	01:49:09	18
314	Schneider, Martina (W50)	Ausdauer-Shop	00:05:19	01:04:46	00:39:46	01:49:51	9
315	Vetter, Helmut (M60)	Vorwärts Rhein	00:07:47	01:00:24	00:41:45	01:49:56	7
316	Link, Martin (M30)	Herdorf	00:06:19	01:01:59	00:41:48	01:50:06	54
317	Holzappel, Henning (M40)	KLEUSBERG	00:05:04	00:59:48	00:45:25	01:50:17	95
318	Twardella, Lisa (WHK)	KLEUSBERG	00:05:14	00:58:20	00:46:52	01:50:26	12
319	Schmidt, Daniel (MHK)	Hachenburg	00:06:11	01:04:56	00:39:31	01:50:38	52
320	Kraft, Volker (M40)	Die kleine grüne Kiste	00:06:41	01:05:39	00:38:35	01:50:55	96

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Platz	Name, Vorname (Klasse)	Verein (Ort)	schwimmen	rad-fahren	laufen	Gesamtzeit	Platz Klasse
321	Daub, Marco (M30)	Emmerzhausen	00:06:41	00:59:30	00:46:15	01:52:26	55
322	Leidig, Tobias (M30)	Fürth	00:05:00	01:06:18	00:41:22	01:52:40	56
323	Otterbach, Mareike (W30)	Geh gegen Dich!	00:06:04	01:04:26	00:42:13	01:52:43	18
324	Hermann, Maik (M30)	Die kleine grüne Kiste	00:05:09	01:00:14	00:47:32	01:52:55	57
325	Wickel, Andrea (W30)	Atlas Sport	00:06:19	01:01:34	00:45:22	01:53:15	19
326	Wagner, Nadine (W30)	VSG Alsdorf	00:05:36	01:03:17	00:44:48	01:53:41	20
327	Golenia, Ela (W30)	Bonn	00:06:25	01:02:28	00:45:08	01:54:01	21
328	Treude, Klaus (M40)	Siegen	00:05:23	01:02:01	00:48:46	01:56:10	97
329	Reifenrath, Lisa (WHK)	SG Westerwald	00:06:55	01:04:42	00:44:37	01:56:14	13
330	Heidrich, Melanie (WHK)	TM Zur Kreuzung Dreisbach e. V.	00:07:07	01:05:18	00:44:34	01:56:59	14
331	Wagner, Ralph (M40)	VfB Wissen	00:06:33	01:12:28	00:38:08	01:57:09	98
332	Claus, Oliver (M30)	TM Zur Kreuzung Dreisbach e. V.	00:05:10	01:19:28	00:32:42	01:57:20	58
333	Schütz, Linda (WHK)	DJK Marienstatt	00:06:21	01:04:07	00:47:34	01:58:02	15
334	Leukel, Nicole (W30)	TM Zur Kreuzung Dreisbach e. V.	00:05:34	01:06:45	00:49:22	02:01:41	22
335	Tribbensee, Julian (MHK)	Freudenberg	00:06:20	01:09:38	00:46:19	02:02:17	53
336	Dr. Dzodzovic, Jelena (W30)	Kreuztal	00:05:04	01:09:01	00:48:15	02:02:20	23
337	Heuer, Jörg (M40)	SF Rexnord	00:07:27	01:10:04	00:45:43	02:03:14	99
338	Urban, Sabine (W40)	IN-TEAM	00:06:09	01:04:23	00:52:48	02:03:20	19
339	Flick, Kristina (WHK)	Herdorf	00:05:52	01:11:01	00:48:18	02:05:11	16
340	Salzmann, Claus (M40)	Nürnberg	00:09:06	01:11:39	00:45:43	02:06:28	100
341	Cieluch, Nicole (W40)	Geh gegen Dich!	00:05:30	01:13:18	00:47:59	02:06:47	20
342	Weber, Matthias (M40)	Atlas Sport	00:06:55	01:19:16	00:43:34	02:09:45	101
343	Groß, Monika (W40)	Geh gegen Dich!	00:07:35	01:13:32	00:53:37	02:14:44	21
344	Faber, Katrin (W40)	Kirchen	00:05:13	01:20:24	00:50:15	02:15:52	22
345	Boll, Martin (MHK)	Master of Disaster	00:04:47	01:18:39	01:00:28	02:23:54	54
346	Petri, Hannah-Lena (WHK)	Master of Disaster	00:06:11	01:17:34	01:00:28	02:24:13	17