

2016

Jugend A

<u>PLATZ</u>	<u>STNR</u>	<u>NAME</u>	<u>VEREIN</u>	<u>GESCHL</u>	<u>AK</u>	<u>AK PL</u>	<u>GES ZEIT</u>	<u>SWIM</u>	<u>Rng</u>	<u>RAD</u>	<u>Rng</u>	<u>LAUF</u>	<u>Rng</u>
1	173	Cepelack Melissa	Die MANNschaft e.V.	W	JA W	1	02:03:40	00:04:22	1	01:09:29	1	00:49:49	1

Jugend B

<u>PLATZ</u>	<u>STNR</u>	<u>NAME</u>	<u>VEREIN</u>	<u>GESCHL</u>	<u>AK</u>	<u>AK PL</u>	<u>GES ZEIT</u>	<u>SWIM</u>	<u>Rng</u>	<u>RAD</u>	<u>Rng</u>	<u>LAUF</u>	<u>Rng</u>
1	529	Bauer Adil	Triathlon TuS Ahrweiler	M	JB M	1	00:28:07	00:03:22	1	00:17:25	1	00:07:20	1
2	507	Hauser Florian	SF Puderbach 09	M	JB M	2	00:31:23	00:03:49	2	00:19:44	2	00:07:50	2
3	513	Gawenda Dawid	vfb wissen	M	JB M	3	00:43:33	00:06:40	3	00:27:18	3	00:09:35	3
4	510	Mahle Luisa	ASC Weißbachtal	W	JB W	1	00:50:47	00:06:43	4	00:32:38	4	00:11:26	4

Schüler A

<u>PLATZ</u>	<u>STNR</u>	<u>NAME</u>	<u>VEREIN</u>	<u>GESCHL</u>	<u>AK</u>	<u>AK PL</u>	<u>GES ZEIT</u>	<u>SWIM</u>	<u>Rng</u>	<u>RAD</u>	<u>Rng</u>	<u>LAUF</u>	<u>Rng</u>
1	530	Schulte Simon	SV Hellas Siegburg e.V. STEULER Tri Kids RSG	M	SCH A M	1	00:36:37	00:04:58	2	00:23:05	2	00:08:34	1
2	512	Althofen Nelly	Mtb	W	SCH A W	1	00:36:57	00:04:56	1	00:22:23	1	00:09:38	2
3	515	Fritsch Mariano	WSG Bad Marienberg	M	SCH A M	2	00:41:16	00:06:08	3	00:24:51	3	00:10:17	3
4	509	Barton Hanna	Schwimmverein Dickendorf	W	SCH A W	2	00:48:42	00:00:00	0	00:37:47	5	00:12:30	5
5	514	Weber Jan Niklas		M	SCH A M	3	00:50:03	00:11:46	4	00:26:45	4	00:11:32	4

Schüler B

<u>PLATZ</u>	<u>STNR</u>	<u>NAME</u>	<u>VEREIN</u>	<u>GESCHL</u>	<u>AK</u>	<u>AK PL</u>	<u>GES ZEIT</u>	<u>SWIM</u>	<u>Rng</u>	<u>RAD</u>	<u>Rng</u>	<u>LAUF</u>	<u>Rng</u>
1	502	Niederhausen Til	Villenbande	M	SCH B M	1	00:42:15	00:06:48	3	00:26:55	1	00:08:32	1
2	501	Wollweber Moritz	SV Hellas Siegburg e.V.	M	SCH B M	2	00:42:59	00:04:54	1	00:27:06	2	00:10:59	3
3	511	Hölzemann Silas	RSV Daadetal TM "zur Kreuzung"	M	SCH B M	3	00:47:42	00:07:36	4	00:28:47	3	00:11:19	4
4	504	Claus Raphael Niederhausen	Dreisbach	M	SCH B M	4	00:49:28	00:09:15	7	00:30:05	5	00:10:08	2
5	503	Maja	Villenbande	W	SCH B W	1	00:50:01	00:06:38	2	00:31:28	6	00:11:55	5
6	508	Cepelack Marlon	Triathlon Academy	M	SCH B M	5	00:50:08	00:08:45	6	00:29:19	4	00:12:04	6
7	506	Bösing Amy		W	SCH B W	2	00:56:15	00:08:00	5	00:35:27	8	00:12:48	7
8	505	Niederhausen Lili	Villenbande	W	SCH B W	3	00:56:57	00:09:50	8	00:33:59	7	00:13:08	8

2016

<u>PLATZ</u>	<u>STNR</u>	<u>NAME</u>	<u>VEREIN</u>	<u>GESCHL</u>	<u>AK</u>	<u>AK PL</u>	<u>GES ZEIT</u>	<u>SWIM</u>	<u>Rng</u>	<u>RAD</u>	<u>Rng</u>	<u>LAUF</u>	<u>Rng</u>
1	136	Tesch Tobias	SV Hellas Siegburg e.V.	M	HK M	1	01:03:42	00:03:39	8	00:37:46	2	00:22:17	4
2	287	Lautwein Tobias	Team TVE Netphen	M	M 30	1	01:03:58	00:04:22	42	00:37:26	1	00:22:10	3
3	299	Diedershagen Johannes	Team TVE Netphen	M	HK M	2	01:05:37	00:03:22	2	00:37:47	3	00:24:28	7
4	164	Niedergriese Marc	Die MANNschaft e.V.	M	HK M	3	01:06:13	00:03:22	2	00:38:03	4	00:24:48	9
5	155	Leins Sebastian	KTT/Sportclub Optimum	M	M 30	2	01:07:36	00:03:58	18	00:39:53	8	00:23:45	5
6	286	Mockenhaupt Markus	team tve netphen	M	M 30	3	01:08:03	00:04:21	41	00:41:45	14	00:21:57	1
7	273	Sachs Steffen	Tristar Regensburg	M	M 40	1	01:08:37	00:03:44	9	00:38:19	5	00:26:34	17
8	179	Eicker Sven	Union Biesfeld Triathlon	M	M 30	4	01:10:31	00:03:38	7	00:41:01	10	00:25:52	10
9	156	Hirsch Maximilian		M	HK M	4	01:11:11	00:04:02	23	00:41:07	11	00:26:02	11
10	1	Wachten Matthias	SV Hellas Siegburg e.V.	M	M 30	5	01:11:32	00:03:04	1	00:41:38	13	00:26:50	20
11	298	Schneider Peter	DJK Marienstatt	M	M 40	2	01:11:54	00:05:03	95	00:39:06	6	00:27:45	29
12	397	Latsch Mike	Team TVE Netphen	M	M 30	6	01:12:17	00:03:53	14	00:42:07	17	00:26:17	14
13	187	Dahl Simon	Union Blau-Weiß Biesfeld Tri	M	HK M	5	01:13:28	00:06:00	177	00:45:20	34	00:22:08	2
14	22	Plag Sören		M	M 30	7	01:13:53	00:06:21	197	00:43:27	20	00:24:05	6
15	151	Stühn Roy	RSV Daadetal	M	M 40	3	01:14:38	00:05:05	98	00:41:32	12	00:28:01	33
16	217	Löhr Caprice	Team TVE Netphen	W	W 30	1	01:14:45	00:04:20	39	00:44:15	25	00:26:10	12
17	380	Linke Phillip	KTT 01	M	M 30	8	01:15:12	00:04:22	42	00:44:18	27	00:26:32	16
18	350	Schell Joshua	www.runandfit.de	M	HK M	6	01:15:22	00:04:17	36	00:42:11	18	00:28:54	41
19	143	Vaccargiu Florian	SG Mörsbach	M	HK M	7	01:15:44	00:05:28	133	00:41:48	15	00:28:28	35
20	198	Oster Denis		M	M 30	9	01:15:47	00:04:50	75	00:41:59	16	00:28:58	42
21	72	Roth Sven	RSV Daadetal	M	M 40	4	01:15:58	00:04:06	25	00:42:43	19	00:29:09	43
22	288	Hees Daniel		M	M 30	10	01:16:14	00:03:35	6	00:44:27	30	00:28:12	34
23	157	Schütz Manuel	WSG Bad Marienberg	M	M 30	11	01:16:20	00:04:12	30	00:45:26	36	00:26:42	18
24	48	Remy Pascal	Team Rondell	M	M 30	12	01:16:25	00:05:15	112	00:44:04	23	00:27:06	23
25	241	Stock Jochen	Betzdorfer TV	M	M 40	5	01:16:42	00:04:40	60	00:44:20	28	00:27:42	27
26	17	Kreckel Tim	WSG Bad Marienberg	M	HK M	8	01:17:48	00:05:32	139	00:39:57	9	00:32:19	95
27	228	Korth Matthias	SVS Emmerzhausen	M	M 50	1	01:17:53	00:06:16	191	00:43:58	22	00:27:39	25
28	112	Hoben Michael	SF09 Puderbach	M	M 30	13	01:17:59	00:03:33	5	00:45:52	40	00:28:34	36
29	290	Haacker Malte	Ü30 Fitnesstreff	M	M 30	14	01:18:01	00:05:06	99	00:46:39	44	00:26:16	13
30	123	Weißbach Matthias	RSV OSTHELDEN	M	M 50	2	01:18:11	00:04:51	77	00:45:25	35	00:27:55	32
31	184	Wierig Christoph		M	M 40	6	01:18:41	00:04:00	20	00:44:57	31	00:29:44	50
32	148	Schmidt Adrian	Musikverein Scheuerfeld 1890	M	HK M	9	01:18:54	00:05:29	135	00:45:46	37	00:27:39	25

33	399	Alhäuser Philipp	sg westerwald	M	M 30	15	01:19:03	00:06:25	200	00:43:50	21	00:28:48	39
34	278	Pauke Pascale	Stoffwechelschmiede	M	M 30	16	01:19:13	00:04:27	51	00:44:05	24	00:30:41	67
35	176	Dörner Benedikt	Eintracht Frankfurt Triathlon	M	M 30	17	01:19:15	00:05:17	116	00:44:25	29	00:29:33	49
36	333	Wank Michael	SV Hellas Siegburg e.V.	M	M 40	7	01:19:35	00:04:24	46	00:45:46	37	00:29:25	47
37	338	Rogowicz Lukas	SVS EMMERZHAUSEN	M	M 30	18	01:19:42	00:05:50	162	00:47:22	53	00:26:30	15
38	121	Tesch Norbert	SV Hellas Siegburg e.V.	M	M 50	3	01:19:48	00:05:12	106	00:46:47	48	00:27:49	30
39	182	Wollweber Andreas	SV Hellas Siegburg e.V.	M	M 40	8	01:20:27	00:04:41	62	00:45:03	32	00:30:43	68
40	9	Ritter Daniela	SV Hellas Siegburg e.V.	W	W 40	1	01:20:38	00:04:00	20	00:46:42	46	00:29:56	54
41	400	Nickolaus Holger	DJK Tri Andernach	M	M 50	4	01:20:47	00:03:54	15	00:45:10	33	00:31:43	82
42	23	Putz Harry	LLG ST. Augustin	M	M 50	5	01:20:51	00:06:19	195	00:47:42	57	00:26:50	20
43	285	Gubernator Lutz	LT Moselpellets	M	M 50	6	01:21:03	00:04:59	84	00:46:06	41	00:29:58	55
44	2	Kloth Max		M	HK M	10	01:21:11	00:05:02	90	00:49:16	81	00:26:53	22
45	142	Pusch Jan Henrik	Mach3 Köln	M	M 30	19	01:21:23	00:04:30	53	00:46:15	43	00:30:38	65
46	94	Hartmann Oliver	RSV Osthelden	M	M 40	9	01:21:27	00:04:15	35	00:00:00	0	00:00:00	0
47	130	Schulte Dirk	SV Hellas Siegburg e.V.	M	M 40	10	01:21:43	00:05:03	95	00:46:39	44	00:30:01	56
48	201	Schach Danyel	SV Thermoschock	M	M 40	11	01:21:45	00:05:21	125	00:48:49	75	00:27:35	24
49	128	Archut Dirk	Stormbringer 7Gebirge	M	M 40	12	01:21:54	00:05:02	90	00:44:15	25	00:32:37	102
50	111	Graß Jendrik	Lauftreff Puderbach	M	M 30	20	01:21:57	00:04:10	28	00:47:54	64	00:29:53	52
51	202	Speil Johannes	SV Thermoschock	M	M 30	21	01:22:04	00:04:06	25	00:47:51	62	00:30:07	59
52	282	Holthaus Roman	TV Hülsenbusch	M	M 60	1	01:22:34	00:04:57	82	00:48:15	66	00:29:22	45
53	126	Weber Katrin		W	W 40	2	01:22:45	00:05:34	140	00:47:00	51	00:30:11	61
54	149	Bey Anne		W	W 30	2	01:22:47	00:04:26	48	00:50:31	90	00:27:50	31
55	125	Domaschky Jürgen		M	M 40	13	01:22:54	00:05:08	102	00:46:43	47	00:31:03	74
55	204	Bobrik Florian	SV Thermoschock	M	HK M	11	01:22:54	00:04:41	62	00:48:18	68	00:29:55	53
57	390	Markowski Paul		M	M 30	22	01:23:04	00:05:13	109	00:53:05	125	00:24:46	8
58	186	Jaschke Lisa	-	W	HK W	1	01:23:14	00:04:23	45	00:52:05	115	00:26:46	19
59	59	Korth Stefan	Die kleine grüne Kiste	M	M 40	14	01:23:15	00:06:00	177	00:47:08	52	00:30:07	59
60	131	Seibert Rudolf	DJK Marienstatt	M	M 50	7	01:23:19	00:05:57	173	00:46:09	42	00:31:13	77
61	13	Kohlhaas Harald	Die MANNschaft e.V.	M	M 40	15	01:23:33	00:04:08	27	00:47:50	60	00:31:35	80
62	58	Hölezmann Jörg	Die kleine grüne Kiste	M	M 50	8	01:23:35	00:06:25	200	00:45:46	37	00:31:24	78
63	229	Syndikus Niklas		M	HK M	12	01:24:13	00:04:43	67	00:50:42	94	00:28:48	39
64	180	Kopp Christian	SV Hellas Siegburg e.V.	M	M 40	16	01:24:19	00:03:47	10	00:47:39	56	00:32:53	108
65	272	Sachs Sandra	SV Hellas Siegburg e.V.	W	W 40	3	01:24:28	00:05:40	145	00:51:06	98	00:27:42	27
66	154	Galas Viktor		M	M 30	23	01:24:31	00:05:55	168	00:48:15	66	00:30:21	63
67	279	Steinbach Roland	SV Hellas Siegburg e.V.	M	M 40	17	01:24:48	00:04:59	84	00:49:44	85	00:30:05	58

68	78	Hümmeler Stefan	Team TVE Netphen	M	M 50	9	01:24:55	00:04:36	56	00:47:50	60	00:32:29	97
69	232	Braune Sascha		M	M 40	18	01:24:56	00:05:01	89	00:47:45	59	00:32:10	91
69	227	Koch Carsten	-	M	M 40	18	01:24:56	00:04:37	59	00:48:22	69	00:31:57	87
69	220	Groß Markus	SV Hellas Siegburg e.V.	M	M 40	18	01:24:56	00:04:25	47	00:48:23	70	00:32:08	90
72	51	Hildenberg Michael	Die kleine grüne Kiste	M	M 30	24	01:25:25	00:05:26	132	00:48:47	74	00:31:12	76
73	92	Großer Danilo	Feuerwehr Grünebach	M	M 40	21	01:25:52	00:05:43	149	00:49:25	82	00:30:44	69
73	203	Kirchner Holger	SV Thermoschock	M	M 50	10	01:25:52	00:05:31	137	00:46:48	49	00:33:33	119
73	134	Baumann Andreas	Kugelblitz Bonn	M	M 40	21	01:25:52	00:05:09	103	00:47:52	63	00:32:51	107
76	113	Fasel Nadine		W	W 30	3	01:25:53	00:05:06	99	00:49:53	87	00:30:54	71
77	172	Zeuner Roger	SG Westerwald	M	M 50	11	01:25:55	00:07:31	232	00:48:32	71	00:29:52	51
78	80	Klamm Bernd	SVS EMMERZHAUSEN	M	M 60	2	01:25:58	00:05:48	156	00:49:15	80	00:30:55	72
79	178	Spanel Andreas	Union Biesfeld Triathlon	M	M 30	25	01:26:00	00:03:52	12	00:47:25	54	00:34:43	138
80	193	Scharkowski Bernd	-	M	M 50	12	01:26:06	00:04:44	69	00:49:11	79	00:32:11	92
81	150	Zilz Florian	Banana Racing	M	HK M	13	01:26:09	00:04:59	84	00:48:39	73	00:32:31	99
82	225	Gebhardt Martin	SV Hellas Siegburg e.V.	M	M 40	23	01:26:10	00:05:25	130	00:47:44	58	00:33:01	111
83	139	Sohler Martin		M	HK M	14	01:26:26	00:04:45	70	00:51:28	106	00:30:13	62
84	192	Bald Daniel	57 Racing Team	M	M 30	26	01:26:28	00:04:14	33	00:48:14	65	00:34:00	129
85	88	Görg Sascha	Tus Deuz	M	M 30	27	01:26:52	00:05:37	143	00:48:58	78	00:32:17	94
86	12	Henrichs Uwe	SV Breitscheidt	M	M 50	13	01:26:56	00:06:29	204	00:49:37	83	00:30:50	70
87	96	Niederhausen Carmen	Villenbande	W	W 40	4	01:27:03	00:03:24	4	00:50:20	89	00:33:19	114
88	127	Maag Andreas	DJK Marienstatt	M	M 40	24	01:27:06	00:04:49	73	00:49:40	84	00:32:37	102
89	108	Zochert Maurice	ATLAS SPORT	M	M 30	28	01:27:09	00:05:44	150	00:51:22	104	00:30:03	57
90	63	Muhl Klemens	DJK Herdorf	M	M 60	3	01:27:14	00:06:28	203	00:49:44	85	00:31:02	73
91	66	Mächel Kai Tristan Rio	Billardfreunde Kray Nord	M	M 50	14	01:27:22	00:04:20	39	00:51:24	105	00:31:38	81
92	137	Leidig Peter		M	M 40	25	01:27:26	00:04:36	56	00:48:51	76	00:33:59	127
93	218	Nickol Walter	rsv daadetal	M	M 60	4	01:27:37	00:04:13	31	00:47:30	55	00:35:54	158
94	135	Roos Bianca		W	W 40	5	01:28:00	00:04:41	62	00:51:17	102	00:32:02	89
95	100	Rath Steffen	SG Siegen-Giersberg	M	M 30	29	01:28:19	00:04:50	75	00:54:05	141	00:29:24	46
96	20	Becker Matthias	premiumfit	M	M 50	15	01:28:20	00:04:53	80	00:48:56	77	00:34:31	133
97	235	Böttcher Waldemar	SV Hellas Siegburg e.V.	M	M 30	30	01:28:26	00:04:17	36	00:53:06	126	00:31:03	74
98	190	Greeb Rolf	SV Jugendlust Nisterau	M	M 60	5	01:28:32	00:06:50	223	00:46:59	50	00:34:43	138
98	16	Schuhen Thomas	Westerwälder Radsportfreunde Ak	M	HK M	15	01:28:32	00:05:55	168	00:50:45	95	00:31:52	85
100	24	Mahle Heiko	ASC Weißbachtal	M	M 40	26	01:28:36	00:05:18	120	00:54:05	141	00:29:13	44
101	70	Kohlhaas Jörg	TuS Friedewald	M	M 50	16	01:29:02	00:06:26	202	00:50:00	88	00:32:36	101
102	289	Häbel Patrick	Ü30 Fitnesstreff	M	M 30	31	01:29:23	00:04:36	56	00:51:58	114	00:32:49	106

103	73	Mauel Christoph	SF Puderbach 09	M	M 40	27	01:29:26	00:04:43	67	00:51:35	110	00:33:08	112
104	11	Timmermann Alke	SV Hellas Siegburg e.V.	W	W 40	6	01:29:27	00:04:31	54	00:51:35	110	00:33:21	116
105	32	Theile Christian	LG Hennef Siegbogen	M	M 30	32	01:29:29	00:03:50	11	00:52:09	116	00:33:30	118
106	110	Loock Bernd	RWE BSG EW Siegerland	M	M 60	6	01:29:53	00:05:02	90	00:51:14	100	00:33:37	120
107	277	Laeremans Luc	SV Hellas Siegburg e.V.	M	M 50	17	01:29:54	00:04:52	78	00:51:08	99	00:33:54	126
108	84	Otterbach Frank	Geh gegen Dich	M	M 40	28	01:29:57	00:04:42	65	00:52:45	122	00:32:30	98
109	40	Meyer Dirk	RSV Daadetal	M	M 50	18	01:29:59	00:03:52	12	00:48:35	72	00:37:32	175
110	215	Forthmann Holger	Stormbringer 7 Gebirge	M	M 50	19	01:30:00	00:05:40	145	00:51:55	113	00:32:25	96
111	144	Pottkämper Peter	3XERCISE	M	M 50	20	01:30:11	00:04:34	55	00:50:40	92	00:34:57	146
112	208	Gerdon Lukas	SV Thermoschock	M	HK M	16	01:30:35	00:05:20	124	00:54:54	147	00:30:21	63
113	146	Krämer Andreas	Stormbringer 7Gebirge	M	M 40	29	01:30:45	00:06:24	198	00:50:40	92	00:33:41	123
114	250	Becher Patrik	Betzdorfer TV	M	M 30	33	01:30:50	00:05:58	175	00:55:25	154	00:29:27	48
115	75	Betz Martin	Sportfreunde Wallmenroth	M	M 40	30	01:30:51	00:04:59	84	00:00:00	0	00:00:00	0
116	42	Leidig Tobias	VfL und KK-Sport Veitsbronn	M	M 40	31	01:30:57	00:04:46	71	00:52:33	121	00:33:38	121
117	120	Jung Mandy	United Teams	W	W 40	7	01:30:59	00:04:40	60	00:51:29	108	00:34:50	144
118	222	Hesseler Carlo	SV Hellas Siegburg e.V.	M	M 40	32	01:31:01	00:05:02	90	00:50:47	96	00:35:12	151
118	196	Hamann Christian	Stormbringer 7Gebirge	M	M 40	32	01:31:01	00:05:45	152	00:50:56	97	00:34:20	130
120	233	Kolz Stephan	LT Moselpellets	M	M 40	34	01:31:23	00:07:19	229	00:53:26	134	00:30:38	65
121	122	Schmitt Theresa	DJK Betzdorf	W	HK W	2	01:31:32	00:04:26	48	00:53:15	128	00:33:51	125
121	124	Pritzer Petra	DJK Marienstatt	W	W 40	8	01:31:32	00:06:08	185	00:54:00	137	00:31:24	78
123	106	Caillaud Nicole		W	HK W	3	01:31:48	00:04:05	24	00:52:20	119	00:35:23	154
124	118	Braas Anja	DJK Marienstatt	W	W 40	9	01:32:02	00:06:40	215	00:50:39	91	00:34:43	138
125	159	Leiffels Gregor		M	M 30	34	01:32:41	00:05:19	123	00:53:01	124	00:34:21	131
126	320	Barton Heinz	Schwimmverein Dickendorf	M	M 50	21	01:32:49	00:05:18	120	00:55:46	158	00:31:45	83
127	3	Leicher Achim	DJK Marienstatt	M	M 50	22	01:33:08	00:05:03	95	00:53:18	129	00:34:47	142
128	174	Schnorr Janin	Lauftreff Laad	W	W 40	10	01:33:21	00:04:42	65	00:54:02	139	00:34:37	136
129	303	Schallenberg Bart	Alassio Racing Team	M	HK M	17	01:33:25	00:05:16	114	00:55:38	157	00:32:31	99
130	57	Frisch Stephan	Die kleine grüne Kiste	M	M 30	35	01:33:32	00:04:01	22	00:54:23	144	00:35:08	149
131	8	Kessler Martin	-	M	M 40	35	01:33:35	00:06:19	195	00:55:30	156	00:31:46	84
132	274	Kyrion Frank	SV Hellas Siegburg e.V.	M	M 50	23	01:33:42	00:04:59	84	00:53:37	136	00:35:06	148
133	132	Krebil Eduard		M	HK M	18	01:33:44	00:06:02	180	00:51:28	106	00:36:14	164
134	102	Mader Andreas	SC Poseidon Koblenz	M	M 30	36	01:33:50	00:05:11	105	00:54:50	146	00:33:49	124
135	18	Schui Ilona	SG Mörsbach	W	W 30	4	01:34:01	00:04:13	31	00:52:47	123	00:37:01	169
136	283	Hildebrandt Andreas	SV Hellas Siegburg e.V.	M	M 50	24	01:34:08	00:04:53	80	00:51:31	109	00:37:44	178
137	224	Fielenbach Stefan	SV Hellas Siegburg e.V.	M	M 40	36	01:34:10	00:05:18	120	00:54:01	138	00:34:51	145

138	138	Weisbach Guido	STORM Team Triathlon	M	M 40	37	01:34:19	00:05:17	116	00:52:25	120	00:36:37	165
139	19	Stumpf-Meyer Tanja	RSV Daadetal	W	W 50	1	01:34:21	00:00:00	0	00:00:00	0	00:38:36	190
140	300	Witzel Wolfram	Alassio Racing Team	M	M 50	25	01:34:29	00:05:15	112	00:56:21	164	00:32:53	108
141	98	Sting Michael	VfL Wehbach	M	M 40	38	01:35:23	00:06:37	212	00:56:31	166	00:32:15	93
141	104	Brenner Bernd	SVS Emmerzhausen	M	M 50	26	01:35:23	00:07:09	226	00:54:54	147	00:33:20	115
143	216	Becker Sebastian	SV Malberg	M	HK M	19	01:35:48	00:06:35	210	00:57:19	174	00:31:54	86
144	116	Ruthardt Thomas	Steineroth	M	M 50	27	01:35:50	00:05:49	158	00:51:17	102	00:38:44	194
145	205	Cooper Lino	SV Thermoschock	M	M 50	28	01:35:52	00:06:43	216	00:52:15	117	00:36:54	167
146	243	Hauser Birgit	SF Puderbach 09	W	W 50	2	01:35:54	00:05:55	168	00:55:10	150	00:34:49	143
147	275	Gorynia Guido	SV Hellas Siegburg e.V.	M	M 50	29	01:36:06	00:05:12	106	01:02:14	210	00:28:40	37
148	236	Reglin Alexander	SV Hellas Siegburg e.V.	M	M 40	39	01:36:13	00:06:03	181	00:56:11	160	00:33:59	127
149	90	Lautwein Ulrike	RSC Betzdorf	W	W 60	1	01:36:18	00:06:37	212	00:51:45	112	00:37:56	181
150	301	Witzel Julian	Alassio Racing Team	M	HK M	20	01:36:25	00:05:54	167	00:58:32	183	00:31:59	88
151	175	Salterberg Klaus		M	M 60	7	01:36:42	00:04:26	48	00:54:22	143	00:37:54	180
152	271	Wroz Dagmar	SV Hellas Siegburg e.V.	W	W 60	2	01:37:14	00:06:49	221	00:55:12	151	00:35:13	152
153	109	Becker Marie-Isabel	ATLAS SPORT	W	HK W	4	01:37:43	00:05:21	125	00:54:54	147	00:37:28	174
154	7	Müller Stefan		M	HK M	21	01:37:46	00:04:27	51	00:53:35	135	00:39:44	201
155	114	Kranz Ronel	DJC Andernach	W	W 40	11	01:37:47	00:05:16	114	00:56:41	168	00:35:50	157
156	145	Krämer Theresa	Stormbringer 7Gebirge	W	W 40	12	01:37:49	00:03:57	17	00:58:55	187	00:34:57	146
157	260	Lorsbach Sebastian		M	M 30	37	01:37:53	00:05:47	155	00:58:26	182	00:33:40	122
158	141	Geimer Christoph	SVS Emmerzhausen	M	M 50	30	01:37:57	00:05:45	152	00:53:13	127	00:38:59	198
159	69	Rausch-Radke Susanne	LG Daubach	W	W 40	13	01:38:00	00:06:16	191	00:57:11	172	00:34:33	134
160	140	Klappert Benjamin	RSV Osthelden	M	M 30	38	01:38:06	00:04:18	38	00:53:22	131	00:40:26	207
161	83	Börder Sabine	Tri Power Rhein Sieg	W	W 40	14	01:38:07	00:04:46	71	00:51:14	100	00:42:07	217
162	119	Ludwig Jörg	Kugelblitz Bonn	M	M 40	40	01:38:26	00:06:13	186	00:53:20	130	00:38:53	196
163	351	Schmidt Kelly Pia	www.runandfit.de	W	HK W	5	01:38:30	00:06:35	210	00:59:14	189	00:32:41	104
163	262	Zimmermann Tina	Gebr. Kämpf Müschenbach	W	W 30	5	01:38:30	00:06:13	186	00:56:19	163	00:35:58	159
165	170	Diehl Nadja		W	W 40	15	01:38:32	00:05:25	130	00:54:41	145	00:38:26	187
166	256	Lichtenthäler Gerhard	Kairo	M	M 60	8	01:38:46	00:06:13	186	00:56:30	165	00:36:03	161
167	194	Isack André	Nistertaler Sportfreunde Atzelgift	M	HK M	22	01:39:02	00:00:00	0	01:33:36	240	00:35:20	153
168	31	Rosenbaum Markus		M	M 40	41	01:39:06	00:05:49	158	00:52:15	117	00:41:02	209
169	169	Richstein Nicole	VSG Alsdorf	W	W 30	6	01:39:12	00:07:33	233	00:56:13	162	00:35:26	155
170	270	Isbanner Anja	SV Hellas Siegburg e.V.	W	W 40	16	01:39:25	00:04:52	78	00:55:54	159	00:38:39	191
170	81	Lutz Cornelia	TriPower Rhein Sieg	W	W 40	16	01:39:25	00:05:55	168	00:55:15	152	00:38:15	185
172	91	Schöbler Matthias	RSV Osthelden	M	M 40	42	01:39:54	00:05:42	147	00:53:22	131	00:40:50	208

Beachclub Dernbach-Montabaur 1955													
172	248	Weidenfeller Holger	eV	M	M 50	31	01:39:54	00:05:34	140	00:59:11	188	00:35:09	150
174	129	Schütz Kathrin	WSG Bad Marienberg	W	W 30	7	01:39:59	00:05:53	165	00:57:01	171	00:37:05	170
175	85	Wiese Linda	Mädchen auf'm Rädchen	W	W 30	8	01:40:01	00:04:58	83	00:57:37	177	00:37:26	173
176	211	Hartmann Jonas	SV Thermoschock	M	HK M	23	01:40:17	00:06:06	183	00:56:47	169	00:37:24	172
177	101	Thiele Ralf		M	M 30	39	01:40:25	00:05:06	99	00:55:27	155	00:39:52	202
178	38	Henn Heiko	TM "zur Kreuzung" Dreisbach e.V.	M	M 40	43	01:40:29	00:07:06	225	01:00:36	200	00:32:47	105
		Zimander-Gehlbach											
179	6	Ursula	DJK Marienstatt	W	W 50	3	01:40:34	00:07:35	234	00:58:37	184	00:34:22	132
180	242	Weber Anke	SV Hellas Siegburg e.V.	W	W 40	18	01:40:39	00:05:28	133	00:55:18	153	00:39:53	203
181	147	Jüngst Christian	Musikverein Scheuerfeld 1890 e.V.	M	HK M	24	01:41:11	00:03:58	18	00:53:24	133	00:43:49	223
182	28	Jürgen Conrad	Geh gegen Dich	M	M 50	32	01:41:29	00:06:48	220	01:00:03	194	00:34:38	137
183	167	Benner Ruth	team steinberg	W	W 60	3	01:41:40	00:06:47	219	00:57:12	173	00:37:41	177
184	41	Biel Marco	TM "zur Kreuzung" Dreisbach e.V.	M	M 40	44	01:41:44	00:08:30	238	00:57:36	176	00:35:38	156
185	207	Kiel Christoph	SV Thromoschock	M	HK M	25	01:41:49	00:05:14	111	00:54:03	140	00:42:32	218
186	209	Schach Romy	SV Thermoschock	W	W 30	9	01:42:17	00:05:24	129	01:03:43	216	00:33:10	113
187	269	Ohl Heinz	Ohl Family Collies	M	M 60	9	01:42:32	00:05:49	158	01:00:44	201	00:35:59	160
188	213	Kasperczyk Lars	SV Thermoschock	M	M 30	40	01:42:36	00:04:49	73	01:00:48	203	00:36:59	168
189	103	Leifheit Jennifer	SVS Emmerzhausen	W	W 30	10	01:42:45	00:06:39	214	01:01:31	205	00:34:35	135
190	35	Wisser Mario	TM "zur Kreuzung" Dreisbach e.V.	M	HK M	26	01:43:12	00:05:31	137	00:57:59	180	00:39:42	200
191	177	Dörner Gerd	LT Alpenrod - Nistertal	M	M 50	33	01:43:44	00:07:30	231	00:57:43	178	00:38:31	189
192	99	Pfeifer Anna		W	HK W	6	01:43:48	00:06:17	193	01:01:20	204	00:36:11	162
193	117	Weber Michael	VFB Wissen	M	M 50	34	01:43:49	00:08:09	237	01:06:53	226	00:28:47	38
194	191	Hohmann Christian	57 Racing Team	M	M 30	41	01:44:02	00:04:14	33	01:02:08	208	00:37:40	176
195	302	Bernardini Reinhard	Alassio Racing Team	M	M 50	35	01:44:05	00:06:29	204	00:58:42	185	00:38:54	197
196	284	Priesshoff Wolfgang	SV Hellas Siegburg e.V.	M	M 40	45	01:44:22	00:04:11	29	00:59:50	192	00:40:21	206
197	221	Gramsch Julian		M	M 30	42	01:44:30	00:05:57	173	00:58:13	181	00:40:20	205
198	200	Strauch Christian		M	HK M	27	01:44:38	00:05:17	116	01:02:29	211	00:36:52	166
199	185	Oikonomoulas Vasileios		M	M 30	43	01:44:40	00:05:58	175	01:00:13	197	00:38:29	188
200	71	Kämpflein Iris	SSV Daaden	W	W 40	19	01:44:48	00:05:55	168	01:00:09	196	00:38:44	194
201	214	Hufer Daniel	HSG Westerwald	M	M 30	44	01:44:54	00:06:17	193	01:00:25	199	00:38:12	184
202	317	Gösel Detlef	Wäller Ren(n)tiere	M	M 50	36	01:45:08	00:06:24	198	01:00:02	193	00:38:42	192
203	97	Langhoff Joachim	VfL Kirchen	M	M 70	1	01:45:22	00:06:45	217	00:57:27	175	00:41:10	211
204	10	Wagner Ralph	VfB Wissen	M	M 40	46	01:45:37	00:07:12	227	00:56:58	170	00:41:27	213
205	230	Kirchhöfer Corinna		W	W 30	11	01:46:01	00:05:12	106	00:56:38	167	00:44:11	225

206	50	Ewert Patrick	Die kleine grüne Kiste	M	HK M	28	01:46:27	00:05:48	156	01:02:49	213	00:37:50	179
207	89	Weber Sonja	RSV Osthelden	W	W 40	20	01:46:28	00:05:21	125	00:59:25	190	00:41:42	214
208	21	Scheel Nicole	MANNschaft	W	W 40	21	01:46:39	00:05:02	90	00:59:33	191	00:42:04	216
209	65	Staab Jannik	TM "zur Kreuzung" Dreisbach e.V.	M	HK M	29	01:46:43	00:08:39	239	01:05:04	219	00:33:00	110
210	219	Baldus Dominik	SG Neuhäusel	M	M 30	45	01:47:04	00:09:06	241	01:00:46	202	00:37:12	171
211	168	Wiesner Andrea	TV Holzhausen	W	W 40	22	01:47:54	00:05:46	154	01:03:43	216	00:38:25	186
212	188	Sampaziotis Ioannis	Einzelstarter	M	M 30	46	01:48:32	00:06:31	207	01:05:48	222	00:36:13	163
213	64	Heidrich Joachim	TM "zur Kreuzung" Dreisbach e.V.	M	M 50	37	01:48:41	00:07:41	235	00:56:12	161	00:44:48	226
214	15	Groß Arthur	S.G. Mörsbach	M	M 70	2	01:48:54	00:07:19	229	01:00:16	198	00:41:19	212
215	240	Beisner Stefanie	SV Hellas Siegburg e.V.	W	W 30	12	01:49:12	00:05:49	158	00:57:55	179	00:45:28	231
216	160	Beib Rafaela	SV Dickendorf	W	W 30	13	01:49:57	00:05:42	147	01:00:05	195	00:44:10	224
217	33	Loos Torsten	TM "zur Kreuzung" Dreisbach e.V.	M	HK M	30	01:50:05	00:06:15	190	01:05:39	221	00:38:11	183
218	61	Gorny Marcel	Die kleine grüne Kiste	M	HK M	31	01:50:40	00:05:21	125	01:05:07	220	00:40:12	204
219	54	Hermann Maik	Die kleine grüne Kiste	M	M 40	47	01:51:01	00:05:17	116	01:03:05	214	00:42:39	219
220	212	Schilling Max	SV Thermoschock	M	HK M	32	01:51:08	00:04:22	42	01:03:30	215	00:43:16	221
221	82	Kurzawski Anne Katrin		W	W 30	14	01:52:07	00:05:13	109	01:05:50	223	00:41:04	210
222	56	Göbel Michael	Die kleine grüne Kiste	M	M 40	48	01:52:40	00:06:33	209	00:58:43	186	00:47:24	235
223	107	Rippholz Daniela		W	W 40	23	01:52:51	00:07:50	236	01:01:33	206	00:43:28	222
224	79	Regus-Leidig Hanna	VfL und KK-Sport Veitsbronn	W	W 30	15	01:53:05	00:06:07	184	01:03:54	218	00:43:04	220
225	52	Stühn Heiko	Die kleine grüne Kiste	M	M 40	49	01:53:13	00:06:00	177	01:02:11	209	00:45:02	227
226	74	König Gerhard	WSG BAD MARIENBERG	M	M 60	10	01:53:36	00:05:50	162	01:02:38	212	00:45:08	228
227	352	Gruß Cornelia	www.runandfit.de	W	W 30	16	01:54:07	00:06:30	206	01:09:31	231	00:38:06	182
228	210	Marten Simone	SV Thermoschock	W	HK W	7	01:54:46	00:05:53	165	01:06:53	226	00:42:00	215
229	46	Langshausen Linda	Wawuschels	W	W 30	17	01:58:49	00:05:38	144	01:14:29	236	00:38:42	192
230	161	Gawenda Thomasz		M	M 30	47	01:59:15	00:09:51	243	01:14:39	237	00:34:45	141
231	30	Cieluch Nicole	Geh gegen Dich	W	W 40	24	01:59:30	00:05:44	150	01:08:28	229	00:45:18	230
232	44	Baldus Jenna	Wawuschels	W	W 30	18	01:59:42	00:06:45	217	01:13:58	235	00:38:59	198
233	197	Hamann Marius	Stormbringer 7Gebirge	M	M 40	50	02:00:22	00:06:31	207	01:06:43	224	00:47:08	233
234	37	Claus Oliver	TM "zur Kreuzung" Dreisbach e.V.	M	M 40	51	02:01:35	00:05:50	162	01:01:51	207	00:53:54	239
235	152	Teuchert Klaus-Dieter	57 racing team	M	M 60	11	02:01:46	00:07:04	224	01:08:48	230	00:45:54	232
236	76	Schulze Gina		W	HK W	8	02:03:24	00:06:13	186	01:11:57	233	00:45:14	229
237	60	Ewert Dennis	Die kleine grüne Kiste	M	HK M	33	02:04:18	00:06:03	181	01:11:03	232	00:47:12	234
238	95	Salzmann Claus		M	M 50	38	02:05:43	00:09:18	242	01:06:44	225	00:49:41	237
239	62	Hölzemann Carla	Die kleine grüne Kiste	W	HK W	9	02:06:49	00:05:30	136	01:12:48	234	00:48:31	236
240	67	Meyer Erwin	TM "zur Kreuzung" Dreisbach e.V.	M	M 60	12	02:07:52	00:06:49	221	01:07:59	228	00:53:04	238

241	5	Stahl Alexander	SSV Weyerbusch	M	M 40	52	02:19:33	00:05:10	104	01:40:57	241	00:33:26	117
242	45	Baldus Tim	Wawuschels	M	HK M	34	02:20:56	00:07:16	228	01:17:55	239	00:55:45	240
243	29	Groß Monika	Geh gegen Dich	W	W 40	25	02:24:49	00:08:43	240	01:15:25	238	01:00:41	241
398		Meyer Peter	Run and Fit	M	M 50	0	dnf	00:03:55	16	00:39:23	7	00:00:00	0
	53	Hildenberg Sabina	Die kleine grüne Kiste	W	HK W	0	dnf	00:05:36	142	00:00:00	0	00:00:00	0
	153	Teuchert Christin	57 racing team	W	HK W	0	disqual.	00:04:43	0	00:00:00	0	00:00:00	0